



PROGRAMME

EUROPEAN PARLIAMENT, STRASBOURG
13-14 JUNE 2025



GUIDE TO EYE2025 PROGRAMME

EYE2025 (European Youth Event) will take place on 13 and 14 June in the European Parliament in Strasbourg. The programme of the event is co-created with institutional partners, youth organisations and groups of participants.

EYE2025 offers a wide variety of hybrid and in-person activities: panels, workshops, tours, Q&As, quizzes, stands, performances – there's something for everyone.

To help you navigate the programme, activities are structured along three tracks:

Activities within the **ENGAGE** track expand your understanding of the European Union and offer exchanges with decision-makers.

Activities within the **EMPOWER** track boost your active citizenship skills.

Activities within the **CONNECT** track provide networking opportunities and cultural exchange.

Please note that the final version will be available online prior to the booking of activities.

ACTIVITIES

Organised by: Youth Outreach Unit, European Parliament

EYE2025 OPENING CEREMONY

Opening ceremony in the EYE Village.

ENGAGE

EYE2025 CLOSING PLENARY

The EYE2025 closing plenary in the Hemicycle with high-level speakers.

ENGAGE

UNLOCKING OPPORTUNITIES

PATHWAYS TO FAIR EMPLOYMENT

Among the EU measures to combat youth unemployment is the Youth Guarantee, a commitment by EU Member States to ensure all young people under the age of 30 receive a good-quality offer of employment, continued education, an apprenticeship or a traineeship within four months of unemployment or leaving formal education. In the last two decades however, the unemployment rate of young Europeans has consistently been around twice as high as the general unemployment rate. Young people today are facing an increasingly insecure job market. How can we do better? What steps can be taken to improve employment quality and increase job stability for young people? How do the Traineeship Directive, the Youth Guarantee and other initiatives aim to tackle these issues? How can we support diversity, inclusiveness and accessibility in the youth labour market?

PANEL DISCUSSION

ENGAGE

DEFENDING DEMOCRACY AND HUMAN RIGHTS

SAFEGUARDING FREEDOM OF SPEECH AND MEDIA

The EU charter of fundamental rights guarantees EU citizens' rights. Yet human rights in Europe face critical challenges when it comes to individual liberties and corruption as well as in terms of freedom of speech and media freedom. Journalists increasingly face intimidation and disinformation. Policies such as the European Media Freedom Act (EMFA) aim to protect media, although there is still much work to be done to tackle ownership transparency, media pluralism and journalist safety. How can the EU strengthen democratic principles in the face of emerging challenges? In what ways can the EU effectively support and safeguard media pluralism within its member states? What role should the EU play in combating disinformation? How can Europe balance free speech while regulating harmful content?

PANEL DISCUSSION

ENGAGE

TOWARDS CLIMATE JUSTICE?

EVALUATING THE EU'S GREEN TRANSITION

Ten years ago, 196 countries agreed on a collective effort to keep global warming below 2 degrees Celsius and tackle the effects of climate change in the historic Paris Agreement. With the launch of the European Green Deal in 2019, the EU aims to become the first climate neutral economy globally by 2050. However, Europe remains the fastest-warming continent, and is, according to the European Environment Agency's 2024 assessment, not prepared for the rapidly growing climate risks it faces. What is the future of the European Green Deal after the 2024 European elections? How can the EU balance economic growth with the urgent need for climate action? How do we protect vulnerable groups, such as indigenous people from paying a disproportionately high price for the climate crisis? How can we ensure that the green transition is fair and inclusive? What is the EU doing to prevent greenwashing and false green claims?

PANEL DISCUSSION

ENGAGE

FROM STIGMA TO SUPPORT

YOUTH MENTAL HEALTH IN EUROPE

Europe is experiencing a youth mental health crisis with half of all young Europeans now reporting poor mental health. The COVID-19 pandemic already placed significant pressure on young people's mental health and the situation has intensified due to the crises encountered in recent years, including economic instability and geopolitical conflicts like the war in Ukraine. Meanwhile, social media is allowing youth to maintain friendships or engage with issues they care about, but also exposing them to bullying, threats and graphic reports of global problems. How can the EU address such issues? What are key factors impacting youth mental health? And how can we address inequality in mental health access? What is the connection between social media and mental health, and which tools can be used to improve the current situation?

PANEL DISCUSSION

ENGAGE

THE BIGGER THE BETTER?

EXPANDING THE EUROPEAN UNION

From six founding countries to twenty-seven Member States today, the European Union has significantly grown over the last 70 years. This success story was accompanied by the promotion of democratic and economic reforms in the new Member States, fostering greater stability and prosperity across the continent. As the EU considers the integration of nine current candidate countries, which one will be the next to join? What does the path from a candidate to an EU member look like? Is the European Union ready for the next enlargement? What about alternatives to full membership and what would the economic implications be? And what about the political and geopolitical consequences of a larger EU?

PANEL DISCUSSION

ENGAGE

NAVIGATING EUROPE'S DIGITAL FUTURE

YOUTH, AI, AND HUMAN-MACHINE COLLABORATION

The European Union is driving its digital future with initiatives like the Digital Europe Programme, which aims to improve the digitalisation of societies and economies across the Union. As Europe embraces new technologies, the European Parliament is working on laws like the AI Liability Directive to protect citizens from the risks that artificial intelligence might bring. With youth at the forefront of navigating the challenges and opportunities this digital transformation presents, how is Europe preparing them with the digital skills and infrastructure needed to succeed in a tech-driven world? What does the rise of AI mean for future job opportunities and the nature of work itself? As technology evolves, how do we balance human skills and machine capabilities? Are young people equipped to navigate these changes, and how can they influence the future of human-machine interaction? What challenges and opportunities will arise as humans and machines increasingly work side by side?

PANEL DISCUSSION

ENGAGE

AGRICULTURE IN THE EU

WHAT IS ON TOMORROW'S MENU?

Farmers in Europe have been grappling with a range of challenges in recent years: from extreme weather and rising temperatures to inflation sparked by the Covid-19 pandemic and the ongoing conflict in Ukraine. But also the pressure of soaring production costs or complex administrative requirements they are faced with. How can we build sustainable and resilient agriculture? What steps can we take to strengthen the position of farmers in the food supply chain? How do we ensure safe, affordable and high quality food for all citizens? Where are we at with the Farm to Fork Strategy? How do we keep the balance between environmental interests and economic necessities? How can the EU support small and medium-sized farms to stay competitive? And finally, what steps can we take to enhance biodiversity and reverse the degradation of ecosystems?

PANEL DISCUSSION

ENGAGE

CITY LIGHTS AND COUNTRY SIGHTS

ADDRESSING YOUTH CHALLENGES

Young Europeans face diverse challenges in both rural and urban settings. They navigate complex social dynamics and pressures while facing an ever-changing environment, affecting areas such as digital access, housing, climate resilience, and transport. What steps can bridge the digital divide between urban and rural areas? How can we tackle the housing crisis in both cities and the countryside? What are good examples of youth initiatives bringing life back to rural areas? How can EU policies such as the EU rural development policy or initiatives like the New European Bauhaus better incorporate sustainable and eco-friendly practices? What measures could mitigate the high levels of youth unemployment and homelessness in big urban areas?

PANEL DISCUSSION

ENGAGE

SKILLS OF TOMORROW

ARE WE PREPARED FOR FUTURE CHALLENGES?

New and changing environments present new challenges, which affect many areas of our everyday lives. To tackle these challenges and adapt to our surroundings, we need relevant skills. But which skills will be needed in the future? Which skills and competencies are essential to prepare us for the digital and green transitions? In a world that is becoming increasingly dependent on automation and AI, how can we foster critical thinking and problem-solving skills? How can we help young people acquire the right qualifications for high-quality jobs? How do we ensure fair, equitable, and inclusive access to new skill development? And how can existing European initiatives and policies promote relevant skills development for young people?

PANEL DISCUSSION

ENGAGE

PEACE IN EUROPE

TOWARDS A NEW EU DEFENCE POLICY

With Russia's invasion of Ukraine on 24 February 2022 war has returned to Europe. The attack highlighted the need for close cooperation between the Member States, prompting the Union to respond with coordinated sanctions. Additionally, the growing geopolitical challenges of recent years have put security and defence issues in the spotlight of European politics. Will the European Union manage to speak and act as one in world affairs? After the US Presidential elections in 2024, what might the transatlantic cooperation look like in the years to come? How can a European defence policy be a successful complement to NATO? Where are we heading with the Strategic Compass and how will the common defence industrial policy shape up? How can the EU rapidly respond in a crisis? And what steps can we take to stay ahead of emerging threats?

PANEL DISCUSSION

ENGAGE

INVESTING IN EUROPE'S FUTURE?

THE NEXT MULTIANNUAL FINANCIAL FRAMEWORK

In 2025, the European Commission will propose a new Multiannual Financial Framework (MFF) to set spending limits for EU policy areas over several years. Members will examine how the EU's long-term budget can best meet citizens' needs and address key challenges. In what ways does the EU budget affect our daily lives? How should the EU budget be structured to effectively navigate current priorities and prepare for future challenges? How do we ensure the European Union remains competitive and innovative on the global stage? In what ways can the MFF contribute to achieving economic and social cohesion among EU Member States? How can the EU budget support a sustainable, climate-neutral and resilient future? And how can we ensure young people's needs are reflected in our spending priorities?

PANEL DISCUSSION

ENGAGE

IN THE SHOES OF AN MEP

MEET AND DISCUSS WITH EUROPEAN POLITICIANS

A 30 minutes conversation with a Member of the European Parliament about everything to do with their role and the legislative process: What does their work look like? What do they do on a typical day? What are their favourite and least favourite aspects of the work?

Several sessions will take place during EYE2025, offering participants the opportunity to speak to different MEPs.

Q&A

EMPOWER

Organised by: Antenna at African Union, European Parliament

WHAT IS ON AFRICA'S MIND?

A CONVERSATION WITH AFRICAN YOUTH REPRESENTATIVES

Africa is the world's youngest and fastest-growing continent, with 70% of sub-Saharan Africa under the age of 30. What are the aspirations of Africa's youth? How do they see Europe? Come meet youth representatives from Africa and discuss how EU decision-making on Africa should reflect the ambitions and insight of Africa's youth.

PANEL DISCUSSION

ENGAGE

Organised by: Antenna at ASEAN, European Parliament

THE EU AND THE INDO-PACIFIC

BUILDING BRIDGES

Are you ready to dive into the relationship between the European Union and the Indo-Pacific? Join young people from the EU and Southeast Asia in a lively debate on the vital Asia-EU relationship! Together, we will explore why this partnership matters and brainstorm practical steps to sustain and deepen our connections. Take part in this session to share your ideas and help shape the future of Asia-EU cooperation!

PANEL DISCUSSION

ENGAGE

THE FUTURE OF MULTILATERALISM

YOUTH VOICES

Join young voices from around the globe in a timely debate on the future of multilateralism, inspired by the UN Declaration on Future Generations which aims to motivate countries to better take the needs and interests of future generations into account. Take part in this session for a chance to engage in meaningful dialogue with various youth representatives from across Europe and beyond, exchange ideas, and explore how global cooperation can shape a better future. Be part of this exciting conversation!

WORKSHOP

ENGAGE

SHAPING FUTURE RELATIONS

YOUTH VOICES FROM THE EU AND SOUTH EAST ASIA

Join us for this session bringing together young people from the EU and South East Asia! We will collaborate in creating a youth manifest on the further development of Asia-EU relations and the concrete steps needed to achieve this. Take part in this unique opportunity to create lasting impact and reimagine the future of Asia-EU cooperation!

WORKSHOP

CONNECT

Organised by: European Parliament Liaison Office in Washington DC

FROM TIKTOK TO THE POLLS

LESSONS FROM THE US ELECTIONS ON INCREASING THE TURNOUT

How do we convince citizens that their vote matters? How can we get citizens to the polling station? In this workshop, we will draw on lessons learned from the 2024 US elections to look into practical ways of transforming digital actions into actionable results – from voter registration, to going to the polls, or convincing others to vote. Hear from our speakers who have worked in the most polarised and unengaged communities on how to convince people to vote. We will show you what it takes to organise a successful get-out-and-vote campaign in a digital environment where youth are being attacked from all sides with ads and campaigns. Join the session and build your own action plan for your community!

WORKSHOP
EMPOWER

Organised by: Directorate-General for External Policies, European Parliament

10TH ANNIVERSARY OF THE YOUTH, PEACE AND SECURITY UNITED NATIONS RESOLUTION

WHAT NOW?

2025 marks the 10th anniversary of the ground-breaking UN resolution recognising young people as important players in the maintenance and promotion of international peace and security. Join this debate with Members of the European Parliament, Young Political Leaders, and actors from the conflict-resolution sphere to take stock on what's been done, what's next, and to discuss peace-making opportunities for young people in Europe and beyond.

PANEL DISCUSSION
ENGAGE

WHAT'S IN IT FOR ME?

EU ENLARGEMENT AND YOUTH

The EU's last enlargement occurred on 1 July 2013, when Croatia joined the European Union. Since then, there have been no new Member States joining, although several countries, are in the process of accession negotiation. What's next? Join us for an open discussion on enlargement between MEPs, and youth from EU Member States and candidate countries. We will discuss benefits, expectations and trade-offs of the enlargement process, looking both ahead to the coming years but also back on the experiences of previous enlargements of the Union.

PANEL DISCUSSION
ENGAGE

HOW TO MAKE YOUTH VOICES HEARD IN EU DEFENCE POLICY

Russia's war of aggression against Ukraine has driven a new impetus for EU security and defence policy. The European Commission has introduced their first Commissioner for Defence, and the EU is working to create a Single Market for Defence. How can young people contribute to shaping this evolving policy? What unique perspectives can young people offer in shaping a more forward-thinking EU defence policy? Join our discussion on how to make youth voices heard in the sector of EU defence policy!

PANEL DISCUSSION

ENGAGE

Organised by: Learning and Development Unit, European Parliament

SIMONE VEIL AND OTHERS

THE STORIES OF PARLIAMENT AND THE WOMEN WHO SHAPED IT

You have all heard of the fathers of Europe. But who were the mothers? This walking tour explores the stories of the European Parliament in Strasbourg and its iconic building that is named after one of them, Louise Weiss. And it will answer a lot of questions. Why are we in Strasbourg anyway? Why is there a valley in the building, crisscrossed by bridges. Why is the tower not finished? What does the double helix staircase signify? We will walk around 800 meters and take stairs. If you have special mobility needs, please inform us beforehand and book a special tour.

TOUR

ENGAGE

Organised by: European Parliamentary Research Service, European Parliament

HOW TO USE DATA TO DESIGN EU POLICIES

Data is a powerful tool that helps policymakers make informed decisions. But how does this work in the European Parliament? The European Parliamentary Research Service (EPRS) provides your elected representatives with independent factual analysis and information. In this workshop, you will get an insider's view of how data and research shape EU policies. We will delve into the European Health Union as a practical example of Europe's legislative priorities. In this workshop you will learn about the data sources used in the European Parliament and how to identify relevant data for policymaking. Join us to explore how data makes a real impact on policymaking!

WORKSHOP

ENGAGE

COMMUNICATING SCIENCE

THE EUROPEAN SCIENCE-MEDIA HUB

What do the media say about science policy issues? How does the mass media contribute to shaping public opinion about new technologies? How is social media changing the way we think about science and technology? In this session, you will hear from experts about the role of journalists in setting the tone and selecting the right content when covering science and technology issues in mainstream media. Learn useful tips on how to discuss current science and technology developments in the media, and examine examples of best practices in social media that help educate the public and combat disinformation!

WORKSHOP
EMPOWER

HOW TO TELL A STORY WITH DATA

A picture is worth a thousand words! At the European Parliamentary Research Service, visualising data is a key part of our research activities. Attend the DataViz workshop and learn from professionals how to make visual displays that engage, inform and enable decision-making. Learn how to tell stories using data visualisations, how to engage audiences using infographics, and how to turn complicated research into displays appealing for a wider audience. Join us to gain a detailed understanding of what it takes to visualise data.

WORKSHOP
EMPOWER

Organised by: Audiovisual Unit, European Parliament

READY. SET. ACTION.

BEHIND THE SCENES OF THE AUDIOVISUAL FACILITIES

Every year, thousands of journalists from around the world report about the European Parliament. Are you an aspiring journalist or are you simply curious to see what it takes to make the news programmes happen? Join us for an exciting sneak-peak into our broadcast and multimedia facilities and the chance to record a short message!

TOUR
ENGAGE

Organised by: Africa, Caribbean and Pacific Unit, European Parliament

YOUTH EMPOWERMENT THROUGH STUDENT MOBILITY IN AFRICA-EU RELATIONS

In line with the Youth Action Plan (YAP) for 2022–2027 in European Union external action, numerous EU programs support the social and economic empowerment of young people globally. The Erasmus + Programme plays a crucial role in enhancing international cooperation between the European Union and its partner countries, especially in Africa. However, in a rapidly evolving global landscape, with new players like China increasing their educational influence in Africa, it is essential for the EU to ensure its programs remain competitive and attractive to young Africans seeking higher education opportunities. Join us in this discussion to explore how Erasmus + and other EU mobility programs can be reshaped to attract African students to follow their studies in EU!

PANEL DISCUSSION

ENGAGE

Organised by: Committee on Petitions, European Parliament

YOUR VOICE, YOUR FUTURE

HOW TO SUBMIT A PETITION

You want to make your voice heard but don't know how? Submitting a petition is one way to speak up on issues you care about and is one of your fundamental rights as a European citizen. In this workshop you will learn from experts from the Secretariat of the Committee on Petitions how to write an impactful petition, which you will then be able to discuss with Members of the Committee on Petitions (PETI). Join us to learn how to exercise your rights as a citizen of the European Union!

WORKSHOP

EMPOWER

Organised by: Committee on Culture and Education and Committee on Petitions, European Parliament

ENGAGED4YOUTH

CULT COMMITTEE SESSION IN COOPERATION WITH PETI COMMITTEE

The CULT Committee has been at the forefront of the European Year of Youth, engaging with young people in a number of different initiatives. The CULT Committee Members firmly believe that young voices need to be better reflected in EU policy and decision making processes, making young people's concerns a horizontal and crosscutting priority for the Union. In this session, you will learn what Members of Parliament do in their everyday job and how they connect with young people. Join this session to discuss with CULT Committee Members how they can continue to engage with you and bridge the gaps between young people and policy makers, and discuss with a Member of the Committee on Petitions (PETI) how submitting a petition can result in successful policy changes!

WORKSHOP

ENGAGE

Organised by: Directorate-General for Parliamentary Democracy Partnerships, European Parliament

MEET THE AFRICAN UNION SPECIAL ENVOY ON YOUTH

Take this unique opportunity to engage with the African Union Special Envoy on Youth and delve into the aspirations and challenges that Africa's youth face in shaping the future of the continent. Hear from a prominent advocate for young Africans and gain insights into their work advocating for youth empowerment. This is your chance to voice your own thoughts and questions on the vital role young people play in Africa's development and future.

Q&A

ENGAGE

UNITED NATIONS SECURITY COUNCIL

REFORM NEEDED?

The ongoing discussion on the reform of the United Nations Security Council (UNSC) focuses on addressing its current structure and effectiveness in reflecting global realities. Key issues include the composition of permanent members, the use of the veto power, and regional representation. What does it mean in practice if the work of the UN Security Council is shaped by five permanent members? Does this reflect the current geopolitical balance of power? How can the UN Security Council become more inclusive and, above all, more democratic? Various ideas for improving legitimacy, transparency and responsiveness to global crises are under discussion. Join our debate on the Reform of the UNSC and explore the role of the EU at the UNSC!

PANEL DISCUSSION

ENGAGE

DEMOCRACY IN 2050?

What will democracy look like in 25 years from now? Join this forward-looking discussion to explore how today's challenges and opportunities are shaping the future of governance. From innovative tools like citizens' assemblies to the role of technology in fostering participation, we will dive into the evolving landscape of democracy in the EU and beyond. Hear from young experts across countries, regions and sectors, and contribute with your vision for the future of democracy.

WORKSHOP

ENGAGE

Organised by: Visitors and Citizens Liaison Unit, European Parliament

ROLE PLAY GAME AT THE PARLAMENTARIUM STRASBOURG

Do you want to take a crash course in European law making? The Role Play Game is designed to show you the process for negotiating legislation in the European Union. Inside the Parlamentarium Simone Veil, you will learn how European Union legislation is created, from consulting interest groups and forming alliances to agreeing with other institutions and speaking to the media. Join us for this fast-paced game!

SIMULATION

ENGAGE

Organised by: Interpretation Service and Translation Service, European Parliament

INTERPRETATION AND TRANSLATION

A JOB FOR YOU?

"It all started with my love for languages and my interest in the EU..." Sounds familiar? Come and meet the interpreters and translators of the European Parliament, who allow the biggest multilingual Parliament in the world to work in 24 languages. Hear about their fascinating jobs and discover the traineeship and career opportunities in the linguistic services of the European Parliament.

PRESENTATION

ENGAGE

24 LANGUAGES?

TRY YOUR HAND AT TRANSLATIONS!

Have you ever wondered what it's like to work as a translator in the European Parliament? Join this session to try your hand at translation into English, French or German and get direct feedback from our translators! You can also learn about the principles of clear language and get practical tips on how to make your texts clear and precise.

WORKSHOP

EMPOWER

MULTILINGUALISM

THE KEY TO EUROPEAN DEMOCRACY

Curious to know how the world's most multilingual Parliament communicates in 24 languages? Meet the interpreters and translators who make it happen! Find out how they keep EU democracy running smoothly and learn how you can turn your language passion into an exciting career shaping Europe's future.

PRESENTATION

ENGAGE

Organised by: Web Communication Unit, European Parliament

GETTING YOUR MESSAGE OUT ON SOCIAL MEDIA

8 seconds. This is the average attention span of Gen Z and the amount of time you have to get your message across on social media. In this hands-on workshop, you can learn how to become a digital storyteller and get advice on how to make an impact online. Gain valuable insights from inspiring content creators as they share their tips for online advocacy and the lessons they've learned on the path to success.

WORKSHOP

EMPOWER

PLATFORMS OF POWER

HOW CONTENT CREATORS SPARK POLITICAL ENGAGEMENT

Social media is far from just memes and dances – it is now the main source of information for many young people. But with disinformation on the rise, how can it be used to help democracy? And what impact can social media have on the world? Join us for this panel discussion, where content creators and Members of the European Parliament will draw on experiences from the 2024 European elections and discuss different ways that social media can create real change.

PANEL DISCUSSION

ENGAGE

Organised by: Spokesperson's Unit, European Parliament and European External Action Service

FACT OR FAKE?

GET THE FACTS RIGHT WITH FACT-CHECKERS

How can we spot disinformation? How can we recognise and counteract those who aim to mislead us? How does disinformation impact our democracy and what can we do to push back? Disinformation is a challenge for all of us. Disinformation actors often target public debate and institutions to undermine democracy and sow polarisation in our societies. Join this workshop to learn the basics of fact-checking and open source intelligence. Experts from the European Parliament and the European External Action Service will share the latest state of play of disinformation tactics and measures to combat them, and a professional fact-checker will guide you through what you need to know to become a better fact-checker.

WORKSHOP

EMPOWER

DISINFOQUEST

DEBUNK FALSE CLAIMS

Do you know how to recognise and respond to disinformation? Join the DisInfoQuest, organised by experts from the European Parliament, the European External Action Service, to build your skills and be equipped with practical tools to navigate the digital landscape critically and responsibly. During the game, you will navigate a series of challenges and apply critical thinking, media literacy and basic Open Source Intelligence techniques to uncover hidden truths. Work individually or in teams to analyse news articles, fact-check social media posts, and trace online sources, solving tasks that simulate real-world disinformation scenarios. Decode clues, debunk false claims, and gather evidence to help you reach a final conclusion!

GAME

EMPOWER

Organised by: *European Parliament Liaison Office in the United Kingdom*

BRIDGING FUTURES

EU-UK YOUTH MOBILITY AND EDUCATION POST-BREXIT

In the wake of the UK's departure from the EU and its subsequent exit from the Erasmus+ program, we will delve into the challenges and opportunities this shift brings for young people, particularly in areas like education, research, and cultural exchange. Join us for a dynamic workshop and brainstorm innovative ideas to strengthen youth mobility and academic collaboration between the UK and EU. Get ready to explore the future of youth mobility and education cooperation between the EU and the UK!

WORKSHOP

ENGAGE

EU-UK YOUTH RELATIONS

WHICH WAY FORWARD?

Curious about the future of EU-UK youth relations? The withdrawal of the United Kingdom from the European Union had a long lasting and negative impact on young people on both sides of the Channel, ranging from decreased youth mobility to less education opportunities. How do young people and policymakers assess the situation? What proposals do the different stakeholders have on the table to address the challenges? Is there a structured engagement between the EU, UK-level authorities and the UK devolved nations on the subject? And most importantly, are young people truly being heard—and if not, how can we amplify their voices? Join our discussion with high level policymakers and youth civil society leaders from both sides of the Channel on the path forward for EU-UK youth relations!

PANEL DISCUSSION

ENGAGE

Organised by: *Public Opinion Monitoring Unit, European Parliament*

ENGAGING WITH EU DEMOCRACY

A DATA DRIVEN STRATEGY

Are you actively engaged with EU democracy? Have you found it challenging to encourage your friends to vote in the last European elections, or perhaps discovered effective strategies for doing so? In this session, we will explore insights from our latest Eurobarometer surveys and examine what public opinion data reveals about youth engagement and attitudes towards the EU. You will also learn how to develop a data-driven strategy for targeting youth and present your ideas on how to boost youth participation in EU democratic processes!

WORKSHOP

EMPOWER

Organised by: Europa Experience Unit, European Parliament

VIRTUAL ROLE PLAY GAME

STEP INTO THE SHOES OF AN MEP

Do you want to step into the shoes of a Member of the European Parliament? The Virtual Role Play Game gives you a hands-on experience of European parliamentary democracy and insight into Parliament's role in the EU decision-making process! Together with your fellow MEPs, you will debate, negotiate, find compromises and vote on a law proposal to improve the lives of people across the European Union. You will also interact with EU institutions, citizens, civil society representatives and other stakeholders. How will you achieve the best solution for European citizens?

SIMULATION

ENGAGE

Organised by: Human Rights Action Unit, European Parliament

TRUE OR FALSE?

AN AUTOCRAT'S GUIDE TO DERAILING DEMOCRACY

Are you prepared to see through the story? Narratives today seem to need no link to truth. The reputation of human rights defenders, and yours, can be ruined in no time. How does it work, and what can we do about it? In this idea lab you will be able to meet a Human Rights Defender, who will share their firsthand experience. Join us in this workshop to discuss potential solutions.

WORKSHOP

EMPOWER

Organised by: Visits and Seminars Unit, European Parliament

BEHIND THE SCENES

EXPLORE THE EUROPEAN PARLIAMENT

Are you curious about the history, politics and languages of the European Parliament in Strasbourg? This is your chance to step right into the heart of European Democracy. Join us for an interactive walking tour, as we explore the Hemicycle, protocol entrance, press room and more. Professional lecturers of the European Parliament will bring EU politics to life and share behind-the-scenes anecdotes and insights you will not find in any book!

TOUR

ENGAGE

Organised by: Cultural Outreach Unit, European Parliament

POETS FOR DEMOCRACY

Share your poetic view on democracy with young people from across Europe! Democracy is a challenging process through which we strive to build a better society for the future, together. An essential part of a vibrant democracy is freedom of expression, especially through art and culture. In this activity, you can express yourself through slam poetry, combining meaningful poetry with performance and audience participation. Reflect on the past, present and future of our shared European democratic values and express what they mean to you and your generation. Bring your poem to this session—professional slam poets will review your work and offer guidance for your performance. On Saturday, you will even have the chance to perform! Get inspired and speak up through slam poetry!

ARTISTIC ACTIVITY

CONNECT

CHANGEMAKERS

FROM COMMITTED ART TO DEMOCRATIC ARTIVISM

Explore how art can inspire civic engagement and political change in our exhibition CHANGEMAKERS, which puts the spotlight on the power of artistic activism. Featuring a selection of works from the European Parliament Contemporary Art Collection and new projects from artistic activists, the exhibition bridges the gap between established and emerging artists committed to defending democratic values. Discover iconic artists such as Emilio Vedova and A.R. Penck as well as new voices from the "Pop the Vote!" project organised by Culture Action Europe and learn about the stories behind the works and their impact on today's political landscape. Do not miss the tour for a deep dive into how art can change our societies!

TOUR

ENGAGE

Organised by: Civil Society Outreach Unit, European Parliament

AMPLIFY YOUR VOICE

CIVIL SOCIETY FOR A VIBRANT DEMOCRACY

Discover how Civil Society Organisations (CSOs) – from NGOs to business umbrella organisations and professional associations – play a crucial role in shaping democracy. In this interactive session, you will engage with representatives of pan-EU CSOs, who are collaborating with the European Parliament, exploring how they contribute to the work of the European Parliament and communicate priorities to citizens. In small groups you can discuss how CSOs empower young people to be heard in decision-making. Whether you are passionate about advocacy or curious about how to make a difference, this session equips you with the tools to amplify your voice!

WORKSHOP

ENGAGE

SPOTLIGHT ON EUROPEAN CINEMA

LUX AUDIENCE AWARD FILM SCREENING

Join us for an exclusive screening of the LUX Audience Award-winning film at the European Youth Event! The LUX Audience Award celebrates European cinema reflecting Europe's diversity and creativity through films that bring societal issues and values debated at the European Parliament closer to the citizens. The winning film, chosen by audiences and Members of the European Parliament, highlights important themes that resonate with young people across Europe. After the screening, take part in an open discussion about the film's impact and the role of cinema in shaping European identity and democracy with Members of the European Parliament and representatives of the Young Talent Programme. Don't miss this unique opportunity to experience the power of storytelling through the lens of European cinema!

MOVIE

ENGAGE

Organised by: European Parliament Liaison Office Madrid

UNITED AGAINST HATE SPEECH

THE EUROPEAN RESPONSE

Would it feel normal to be insulted on the street? Or would it be acceptable to watch as dozens of people humiliate someone because of their appearance, background, beliefs, or orientation? Sadly, this is often the reality online, where hate speech and toxic comments have become all too common. To address this, the European Parliament Office in Spain has launched a powerful campaign to raise awareness and explore what the EU can do to combat hate online. Join us for the campaign presentation and an open dialogue with MEPs and content creators. Come learn about the EU's role in tackling this issue, share your experience, and be part of the movement to end digital hate.

PANEL DISCUSSION

ENGAGE

Organised by: Directorate-General for Education, Youth, Sport and Culture, European Commission

YOUTH LEADERSHIP IN CLIMATE ACTION

EU INITIATIVE

By 2050, the EU has set itself the goal of becoming a climate-resilient society via its policies, legislation and strategies. But do you know what the EU is actually doing to engage and fund young people in climate action? Through the European Solidarity Corps, Erasmus+, the EU Youth Strategy, Policy Dialogues, the Education for Climate Coalition, the EU Youth Dialogue, the European Climate Pact, and the Pool of Young Journalists, young people are rolling up their sleeves to build a greener world. Get ready to hear inspiring success stories from young people like you, who are driving climate action and developing innovative solutions to support EU climate goals through various EU-funded programs and initiatives. Learn from their experiences and discover the EU-funded opportunities that could help advance your climate project!

PANEL DISCUSSION

EMPOWER

YOUTH POLICY DIALOGUE

DISCUSS WITH COMMISSIONER GLENN MICALLEF

Are you ready for an inspiring policy dialogue with Commissioner Glenn Micallef? In one of the largest Youth Policy Dialogues ever held, you will have the opportunity to express your views, engage in constructive discussions with the Commissioner, and help ensure that policies reflect the aspirations and concerns of the younger generation. Be part of an exciting debate and contribute to shaping the policies of tomorrow!

Q&A

ENGAGE

Organised by: Directorate-General for Enlargement and Eastern Neighbourhood, European Commission

YOUTH ADVOCACY MASTERCLASS

LEARN FROM THE YOUNG EUROPEAN AMBASSADORS

Are you ready to dive into youth advocacy? In this workshop, organised by Young European Ambassadors (YEAs) from the Western Balkans, you will learn how to effectively advocate for causes you care about. Using real examples of campaigns that Young European Ambassadors have initiated, you can learn the skills needed to lead advocacy efforts in your community. Join this session to upgrade your advocacy skills!

WORKSHOP

EMPOWER

A LARGER EUROPEAN UNION?

ENLARGEMENT FOR BEGINNERS

Have you ever heard about the EU enlargement process? Do you know how a country can join the European Union? Connect with the Young European Ambassadors to learn more about the process and explore the journeys of Moldova, Georgia, and Ukraine towards EU accession. Discover the impactful partnership between the EU and its Eastern neighbours, while learning about the benefits of cooperation and opportunities for collaboration. During this interactive session, you will work together to understand the steps for EU accession and the challenges, complexities, and prospects of countries that are currently candidates to join the EU.

WORKSHOP

ENGAGE

MADE OF US

AN EU-WESTERN BALKANS ROADTRIP

Are you ready for a road trip? Follow six content creators from EU Member States and the Western Balkans on their 10-day journey through the capitals of Austria, Croatia, Hungary, Italy, Slovenia and Slovakia. Hear from them how the EU has influenced the lives of people in those cities. Join this workshop for a chance to discuss the campaign 'Made of Us' and exchange views on the journey!

WORKSHOP

CONNECT

THE ROLE OF YOUTH IN EU ENLARGEMENT

WHAT'S AT STAKE?

Join us for an engaging panel featuring six Young European Ambassadors from Georgia, Moldova, Ukraine and the Western Balkans, along with an expert from DG ENEST! The panelists will share their insights on the EU enlargement process, its challenges, and the opportunities it brings for young people in these countries. Do you have questions about the future of EU enlargement? Are you curious about how the accession process works or the role of youth in shaping it? Don't miss this opportunity to ask your questions, dive into a lively discussion on the future of Europe, and connect with youth leaders who are actively shaping the continent's future.

PANEL DISCUSSION

ENGAGE

Organised by: Directorate-General for Justice and Consumers, European Commission

MOVE, VOTE, SPEAK UP!

YOUR GUIDE TO EU CITIZENSHIP

Find out how to make the most of your EU citizenship rights! As an EU citizen, you have the right to live, work, and travel freely across all EU countries, access education and healthcare, and vote to shape the future of the European Union. Join our interactive session to explore what it truly means to be an EU citizen. Discover the fascinating history of EU citizenship - and how ABBA and Britney Spears fit in here - and leave with a handy Guide to EU Citizenship. We want to hear from you: What matters most to you regarding EU citizenship?

WORKSHOP

EMPOWER

Organised by: Directorate-General for Internal Market, Industry, Entrepreneurship and SMEs,
European Commission

EMPOWERING GIRLS & WOMEN

UNLOCK YOUR FULL ENTREPRENEURIAL POTENTIAL

Women still only make up 29% of entrepreneurs in Europe. How can we better encourage young women to become entrepreneurs? What unique challenges do young women face when starting a business? Join us for an engaging workshop where we will dive into the entrepreneurial mindset, unlocking our creativity, recognising opportunities, and taking meaningful action. Let's discover how we can unlock our full potential by empowering ourselves and identifying the barriers that hold us back!

WORKSHOP

EMPOWER

FROM DREAM TO REALITY

EMPOWERING ENTREPRENEURSHIP IN EUROPE

Join us for an exciting session and discover how the EU is empowering young entrepreneurs just like you! Hear real stories from young business owners who have turned their dreams into reality with EU support, and get the chance to share your own entrepreneurial challenges! Whether you are looking for funding, mentorship, or guidance on how to scale your idea, this is your chance to connect, learn, and get inspired to take your next step in the entrepreneurial world!

PANEL DISCUSSION

ENGAGE

Organised by: Directorate-General for Defence Industry and Space, European Commission

EXPLORING SPACE

INNOVATION FOR SECURITY AND SUSTAINABILITY

Are you interested in space technology but unsure how to be part of the next wave of innovation? In this interactive workshop, you will collaborate with experts to explore how space can be used to enhance security and sustainability on Earth. Working in teams, you will develop solutions to real-world challenges using space data and technology. Whether you are interested in entrepreneurship, engineering, or policy – join us in this workshop to gain hands-on experience in applying space technology to critical issues facing Europe and the world today!

WORKSHOP

ENGAGE

FROM SATELLITES TO STARTUPS

INNOVATION, SECURITY AND DEFENCE

Are you ready for take-off? Join us to explore how space technologies not only enhance our daily lives but also play a critical role in Europe's security and defence strategies, as well as Europe's strategic autonomy. In this session, experts from the space sector will directly share their insights into how satellites, space systems and innovative solutions contribute to global security, communication and real-world challenges. Take part to learn more about opportunities available to you at the intersections of space innovation, entrepreneurship, and defence!

PRESENTATION

ENGAGE

Organised by: Outreach and Engagement Unit, Council of the European Union

EUROPA CHALLENGE

TEST YOUR KNOWLEDGE!

Think you know everything about the European Union? This is your chance to prove it! Join us for a trivia game where you will team up and put your knowledge to the test. Lead your team to win and earn the title of EU Master!

GAME

CONNECT

MINISTER FOR A DAY

NEGOTIATING AND ADOPTING DECISIONS IN THE EU COUNCIL

Join us for a Council meeting simulation! Step in the shoes of a minister from an EU country and negotiate current political files to reach an agreement with the other Member States.

SIMULATION

ENGAGE

Organised by: Directorate-General for Climate Action, European Commission

STEP UP FOR CLIMATE

TOP TIPS FROM THE EUROPEAN CLIMATE PACT AMBASSADORS

Are you thinking of creating your own climate initiative? Get inspired by the projects led by young European Climate Pact Ambassadors! From founding local NGOs to launching startups to promote sustainability, Pact Ambassadors are engaging hundreds of people across the EU in climate action. Learn more about their stories, how they created their projects, the challenges they faced and the lessons they learned. You will be able to present your proposals to Pact Ambassadors, who will answer your questions and offer guidance based on their experiences. Connect with other people interested in climate action, define your vision and turn your ideas into action!

WORKSHOP

EMPOWER

Organised by: Directorate-General for Communication, European Commission

COMMUNICATING EUROPE 2.0.

HELP SHAPE OUR COMMUNICATION!

Do you feel well-informed about the EU? Are we providing the relevant facts, and in the ways, you prefer? Let's discuss how we can ensure you have the tools and information to stay engaged and informed. Join this session to talk about disinformation and today's media use, and test the new concepts we have developed for our outreach materials! Your insights will help shape the future of our outreach and communication efforts, so join the conversation and make your voice heard!

WORKSHOP

ENGAGE

Organised by: Social Media and Visual Communication Unit, European Commission

MASTERCLASS

UNDERSTANDING THE ESSENTIALS OF EU DECISION-MAKING

How are EU laws made? What is the difference between a regulation, a directive, and a decision? Join us for this interactive workshop to learn how the EU functions, understand the roles of its institutions, and explore the democratic processes that shape EU legislation. This session will also highlight how young people can engage and influence the future of the EU. Test your EU knowledge!

WORKSHOP

ENGAGE

Organised by: Publications Office of the European Union, European Commission

DATA YOU CAN TRUST

DISCOVER THE WORLD OF OPEN DATA

Are you ready to dive into the world of open data? In this session, you will explore why open data matters and how it can transform your understanding of the world. Discover how data.europa.eu, the official portal of European data, and its valuable resources empower you to make informed decisions based on reliable information. Participate in an interactive activity that will challenge your thinking, helping you identify misleading data visualisations, and enhance your data skills. Join us and become a data-savvy leader of tomorrow!

PRESENTATION

EMPOWER

THE EU EXPLAINED

ACCESSING TRUSTWORTHY INFORMATION ABOUT THE EU

Are you interested in learning how the EU works for you? Do you want to know how important EU decisions are made? Or are you interested to discover how to get trustworthy information – quickly, online, in your language? Then join our interactive session where we will briefly explain how the EU prepares legislation. You will also hear concrete examples of European decisions that affect our daily lives. Come and find out how to keep yourself well informed about EU topics!

PRESENTATION

EMPOWER

Organised by: Labour Mobility, Public Employment Services, European Labour Authority Unit, European Commission

EUROPASS

EMPOWERING YOUTH MOBILITY AND CAREERS

Young people today are navigating a rapidly evolving job market, shaped by digitalisation, the green transition and globalisation. While these changes bring challenges, they can also unlock exciting career opportunities. How can you best adapt your skills? How can you stand out in your application? What tools can help you along the way? Europass offers free digital tools for creating CVs, cover letters, and more, helping you find jobs and courses across the EU. This session will explore its new platform, designed to empower you to present your skills and access opportunities. Join us as we celebrate 20 years of Europass and discuss how it can support your skills development and career journey!

WORKSHOP

EMPOWER

Organised by: Mission Strasbourg capitale européenne

THE CITY OF STRASBOURG

AT THE CROSSROADS OF EUROPE

Strasbourg is not only one of the official seats of the European Parliament, but also home to other major institutions such as the European Court of Human Rights and the Council of Europe working to promote the protection of human rights, democracy, and the rule of law across Europe. Because of this, Strasbourg is often referred to as the Capital of Europe. In this workshop, we invite you to explore what makes a truly ideal European capital. What characteristics should this city have to best represent the diverse values and cultures of Europe? How can Strasbourg further strengthen its role as a European capital? Join us and share your recommendations for action!

WORKSHOP

ENGAGE

Organised by: European Ombudsman

LET'S TALK ABOUT FUNDAMENTAL RIGHTS IN THE EU

Do you keep hearing about fundamental rights and wonder what exactly they are? Or what they mean for you in practice? The EU institutions must ensure that their work does not violate people's fundamental rights. Take part in this session to hear from an expert on how the European Ombudsman ensures that everything is done to uphold these rights, whether it's EU spending on border management and asylum, EU trade agreements or disability rights. Attend this session to get your questions answered!

Q&A

ENGAGE

ENSURING A TRANSPARENT AND ACCOUNTABLE EU

EUROPEAN OMBUDSMAN

Transparent and accountable public institutions are essential for enacting the change we want to see. Join us in this session to learn more about the important role good administration plays in upholding EU democracy and ensuring your voice is heard. Discover how the European Ombudsman works to secure high ethical standards and an accountable decision-making process in the EU institutions, and what this means for the issues that matter to you, be it the environment, the economy, or the rule of law. Take part in this session to have your questions answered directly by the European Ombudsman!

Q&A

ENGAGE

Organised by: City and Eurometropole of Strasbourg

ENERGY IN TRANSITION

POWERING A GREENER TOMORROW

Young people in Europe aged 20-29 make up 12% of the European population. Climate change and the energy transition are crucial issues for young people, as they will be especially affected by unprecedented environmental and social challenges in the years to come. How can we fight for a positive future and adapt to the effects of climate change and move towards cleaner energy? Join this session with the European Commission's Young Energy Ambassadors to be inspired, learn how to take positive action, and find concrete solutions for a just energy transition!

WORKSHOP

CONNECT

Organised by: Project Management Institute

LIGHT THE WAY

FUTURE-PROOFING YOUR CAREER WITH PROJECT MANAGEMENT SKILLS

In an ever-changing world with the fast adoption of artificial intelligence and the pressing need to move to a green economy, what are the skills needed to be ready for the job market? This panel will explore how mastering project management can boost your career prospects and prepare you for the digital transformation and green transition that are driving the future economy. Hear from young professionals about their perspectives and aspirations and the importance of integrating these skills into your education. Find out how they are lighting the way to navigating this landscape and how you can get started.

PANEL DISCUSSION

ENGAGE

LIGHT THE WAY

PUT YOUR IDEAS INTO ACTION WITH AI

Do you want to become more engaged in projects that help improve society? Take part in this workshop and learn more about what you can do to help shape the future of Europe and how to use AI to develop a concrete plan. We will show you how to use project management as a means to realise your ideas and guide you through the development of projects with AI-powered tools. Learn how to develop a sustainable project and turn it into action!

WORKSHOP

EMPOWER

Organised by: United Nations in Brussels

YOUTH AND FUTURE GENERATIONS

ENSURING INTERGENERATIONAL SOLIDARITY AND JUSTICE

Global and European policy frameworks like the EU Political Guidelines 2024-2029 and the UN's Pact for the Future, all emphasise the importance of intergenerational fairness. This interactive session will provide a platform for you to discuss intergenerational solidarity and justice. Join us for a youth-led workshop, facilitated by UN agencies and the Youth Core Group where we will discuss how we can better prepare for and respond to future global shocks, crises and challenges. Join us in this workshop to develop concrete policy recommendations that balance the needs and interests of both present and future generations. Let's ensure that youth perspectives are heard in shaping EU decisions for a fairer and more sustainable future!

WORKSHOP

ENGAGE

Organised by: *European Economic and Social Committee*

THE EU YOUTH TEST

GIVING POWER TO YOUNG VOICES

Be part of our workshop for a hands-on simulation of the EU Youth Test at the European Economic and Social Committee (EESC)! Join us to discuss one of the recommendations developed during the EESC's "Your Europe, Your Say!" event, share your views, and propose improvements. Get ready to take on different roles, evaluate the recommendations from new perspectives, and build on each other's ideas. Don't miss this opportunity to shape policy recommendations that matter!

SIMULATION

ENGAGE

Organised by: *European Personnel Selection Office*

EU CAREERS

SHAPING EUROPE TOGETHER!

Are you passionate about the European Union project? Do you want to help make a difference in policies that affect all EU citizens, from climate protection to digitalisation? Are you enthusiastic about working in a multicultural and multilingual environment? Join this session to learn about career opportunities in the EU institutions and bodies across Europe, discover the skills and profiles we are looking for and learn about our fair, inclusive selection process that could help you start your EU career.

WORKSHOP

ENGAGE

Organised by: *European Disability Forum*

HOUSING FOR EVERYONE

OVERCOMING BARRIERS FOR YOUNG PEOPLE WITH DISABILITIES

Finding affordable housing remains a critical issue in the European Union, especially for young people. The situation is even more challenging for those with disabilities. Accessible housing is often much more expensive, or there are very few options available. What are the underlying reasons for these issues? What specific challenges do young people with disabilities encounter in securing accessible housing? Are there any potential solutions? Join the discussion, hear firsthand from young people with disabilities about the challenges they face, and discover possible policy solutions.

PANEL DISCUSSION

ENGAGE

KNOW YOUR RIGHTS

NO DISCRIMINATION FOR YOUNG PEOPLE WITH DISABILITIES

Discrimination, bullying and exclusion are challenges that many people with disabilities face in their lives – be it at school, at work, during leisure activities or when using public services such as transportation. These behaviors are not only unacceptable but may also, in some cases, be punishable by law. Do you know your rights? What can you do if you are discriminated against? How can you recognise discrimination? In this interactive workshop, you will learn knowledge and skills to recognise discrimination and take action against it. Learn how to recognise discriminatory behavior with practical examples, explore effective steps to respond and find a solution, and get to know your rights!

WORKSHOP

EMPOWER

Organised by: European Citizen Action Service

EUROPEAN CITIZEN'S INITIATIVE

THE POWER OF BEING AN ACTIVE CITIZEN

Did you know you can help shape the agenda of the European Union? The European Citizen's Initiative (ECI) is your chance to politically advance your cause! Discover how the ECI works, how to organise an initiative, and the tools available to support ECI organisers. In this session you will be in charge of creating your own initiative focused on the changes you want to see in the EU and develop your own campaign strategy! Join us and turn your vision into action!

WORKSHOP

EMPOWER

Organised by: EPIC-WE Project

EMPOWERING YOUTH

SHAPING EUROPE'S CULTURE THROUGH GAMES

Step into the future of European culture with the EPIC-WE project! This initiative aims to empower young people to shape Europe's cultural heritage and values by creating games. Join this interactive panel to explore the concept of Cultural Living Hubs, where youth organisations, cultural institutions, creative industries, and universities work together. Find out how these hubs allow the creation of games that serve as new forms of cultural expression, offering a way for young citizens to contribute to European identity and values. Discover how game-making fosters cultural citizenship and gain the tools to design games that highlight and celebrate European heritage!

PANEL DISCUSSION

EMPOWER

Organised by: European Central Bank

BEHIND THE SCENES

DISCOVER THE EUROPEAN CENTRAL BANK

What does the European Central Bank (ECB) do and what is it responsible for? Why is price stability so important for the economy? How does the ECB support the economic recovery in the EU? Take part in this engaging session with an ECB expert to learn about the institution's key responsibilities and operations. Discover how the ECB works to maintain the value of the euro, ensures price stability across the Eurozone, and oversees banking supervision to safeguard financial stability. You will also learn more about the ECB's role in addressing climate change, as well as its progress on developing the digital euro to shape the future of payments in Europe. Join us in this session to get all your questions answered!

PRESENTATION

ENGAGE

Organised by: Youth Partnership, EU - Council of Europe

CONFLICT TRANSFORMATION IN ACTION

In the European Union, conflicts in various forms, including ethnic, inter-religious and international conflicts, are a recurring item on the political agenda. Young people also encounter conflict in different ways, such as facing educational pressures, experiencing increasing competition in the labour market, or living in regions affected by conflict. This workshop introduces participants to conflict transformation through the new, revised training kit "T-Kit 12: Youth Transforming Conflict." In this interactive session, we will explore conflict transformation as a constructive approach. You will discover practical methods and tools for conflict resolution and transformation tailored to youth work. Join us and learn how to turn conflict into an opportunity for effective change!

WORKSHOP

EMPOWER

Organised by: Socialna akademija

LET'S TALK ABOUT HARD TOPICS

DEALING WITH POLARISATION WITHIN OUR SOCIETY

Research indicates that social polarisation in the EU has increased significantly in recent years. Young people may be experiencing this polarisation within their families, schools, and friendships. Dialogue seems to be key to bridging the deep divides in our society. But how can we have meaningful conversations with someone whose views appear completely opposite to our own? Join us in an interactive workshop to meet those with contrasting perspectives and learn how to foster dialogue through empathetic listening and trust building.

WORKSHOP

EMPOWER

Organised by: Jonge Europese Federalisten Nederland

YOUTH VISIONS

FUTURE EUROPEAN CITIES

74.8% of Europeans live in urban areas, but are these cities future-proof? Across Europe, cities have struggled with challenges such as integrating migrants, protecting residents from floods, and managing overpopulation. In this unique workshop, we invite you to reimagine a European city and develop sustainable, interdisciplinary strategies to tackle the crises facing the EU. Can youth-led ideas inspire EU policymakers to strengthen current policies or spark innovative initiatives for resilient, future-ready cities?

WORKSHOP

ENGAGE

Organised by: The European Student Think Tank

THE POWER OF SCRIPTWRITING

RAISING AWARENESS OF CONFLICT NARRATIVES

Conflicts have increasingly dominated global affairs in recent years, exposing European youth to reports that often tell vastly different stories about the same events. What role does storytelling play during a conflict, and how can creative writing help young people across Europe make sense of these narratives and their impact on prolonging conflicts? This workshop invites you to delve into the experiences of a community in conflict, exploring how understanding conflict narratives can empower you to drive meaningful change in the peacebuilding sector and improve global peace outcomes. Gain skills in interpreting conflict narratives and position yourself as a future pioneer in the field of peacebuilding!

WORKSHOP

EMPOWER

Organised by: European & Global Youth for Peace

EU CRISIS DIPLOMACY IN ACTION

DESIGN A MISSION IN SUDAN

Step into the role of an EU Foreign minister and work alongside fellow leaders to design a new Common Security and Defence Policy (CSDP) mission to restore stability and security during the escalation of the Sudanese civil war! In this simulation of a Council meeting, you will negotiate the specific objectives, deployment strategies and resource allocation of the mission. You will develop a comprehensive mission mandate while trying to balance the national interests of Member States and advance European values. Through this interactive experience, you will gain valuable insights into the complexity of EU crisis diplomacy and explore how collective decision-making shapes international responses in conflicts. Are you ready to unleash your diplomatic potential and help pave the way for peace and democracy?

SIMULATION

EMPOWER

Organised by: *European Association for Local Democracy*

TAKING ACTION ON FAST FASHION

LOBBYING FOR OUR FUTURE

Fast fashion is a significant contributor to pollution and human exploitation, undermining the goals of the European Green Deal. But what is the true impact of fast fashion and how can you effectively advocate for climate action in this field? What does lobbying for a Green cause involve, and who are the key players? Join this immersive experience along with participants from the Future We Want project and take on the role of environmental advocates, fast fashion representatives, or youth organisations. Your mission: persuade EU policymakers to take action on fast fashion. Can you build a compelling case and see your proposal accepted?

WORKSHOP

ENGAGE

Organised by: *The National Youth Council of Ireland*

DO YOU KNOW WHAT IT'S LIKE?

YOUNG PEOPLE, INCLUSION AND THE EU

What does representation mean to you? Explore how marginalised voices can be included in political discourse, from interpersonal interactions to the highest levels of policymaking. Is it essential to be present in the room where decisions are made in order to feel represented, or can someone like you – or even someone completely different – advocate effectively on your behalf? Join us on this journey to explore the best ways to represent those who are too often overlooked.

WORKSHOP

CONNECT

Organised by: *YouthProAktiv*

YOUR SAY MUST COUNT!

HOW TO ENGAGE WITH MEPS

Your voice in the European Parliament does not stop at the ballot box! Join us for an engaging, interactive session to discover dynamic ways to connect with Members of the European Parliament (MEPs). Together, we will go beyond our own perspective and ask MEPs directly: How can we engage with you? What do you need from us to keep the conversation alive? Let's explore how to shape the relationship between young citizens and our representatives!

WORKSHOP

ENGAGE

Organised by: Young Initiative Association

QUESTIONS OF COMMUNITY

FROM A BOARD GAME TO YOUR DAY-TO-DAY LIFE

Youth involvement is the key to driving communities forward. United by shared values, young people bring fresh perspectives and energy that benefit all generations. Join our board game to explore how communities are shaped by values and decisions. In this simulation, you will work with your peers to create a future community, navigating tough negotiations and managing shared resources sustainably. Are you ready to discover how an empowered young generation can shape the democracy of the future?

WORKSHOP

EMPOWER

Organised by: Europa-Institut, Saarland University

CHARGING SUSTAINABLY

SOURCING LITHIUM FOR TECH WITHOUT HARM

Lithium is essential for our daily use of phones, laptops, and electric vehicles. With limited resources within the EU, we rely on imports to meet demand. Lithium mining, however, comes at a high cost to both the environment and local communities. It requires vast amounts of water, causing scarcity and contamination, while harming agriculture and ecosystems. Open-pit mining also destroys land and releases greenhouse gases. Additionally indigenous communities face water and land disputes due to mining expansion, while waste and air pollution take a toll on the health of local communities. In this session, we will dive into the environmental and social challenges of lithium mining and brainstorm innovative, sustainable alternatives to ensure a greener, more responsible future. Are you ready to take action?

WORKSHOP

EMPOWER

Organised by: Europe XXI

TALKING FUTURE

THE NEXT GENERATION EU PODCAST

Get your microphones ready for NextGen EU Dialogues – an exciting new podcast series amplifying the voices of young Europeans to shape the future of our continent. Each episode will tackle critical issues affecting our generation, from climate change and digital innovation to social justice and civic engagement. Launching during EYE2025, this is your chance to make your voice heard and share your vision for the next generation of the EU. Join us to record your thoughts, ideas, and aspirations for the EU – Let's start the conversation!

WORKSHOP

CONNECT

Organised by: UN Youth Delegates for Future

A PACT FOR TOMORROW

YOUTH AS ARCHITECTS OF EUROPEAN INTEGRATION

Join our hands-on activity and step into the role of a nation builder! Working in teams representing fictional countries, you will take on the challenge of implementing the United Nations Pact for the Future. What obstacles will you face along the way? Explore existing policy initiatives and discover ways to help your fictional country achieve global goals. Are you ready to prepare your action plan and make a lasting impact?

SIMULATION

ENGAGE

Organised by: National Youth Council of Moldova

BRIDGING THE GAP

EU ENLARGEMENT

What does EU integration truly mean – culturally, economically, politically, and linguistically? Join us to explore these questions and step into the role of a representative from a candidate country, an MEP, a European Commission official, or a youth activist. In this session, we will delve into the complexities of the EU enlargement process. Through simulated negotiations, you will tackle the challenges and benefits of enlargement, striving to reach consensus on key policy issues. Take part in this session to understand how we can build a more inclusive future and a bigger union!

SIMULATION

CONNECT

Organised by: Digital Dreamers Association

UNDER DIGITAL SIEGE

THE QUEST TO SAFEGUARD DEMOCRACY

Meet John Doe: a deep fake that will be created right in front of your eyes. Using AI tools, you will be challenged to question what is real and what is not. This live demonstration will expose the astonishing power of AI but also its dangers: How easily can AI spread misinformation, manipulate public opinion, and damage reputations? Dive into a thought-provoking discussion on the ethical dilemmas of AI, the risks it poses to democracy, and the urgent need for effective regulation. Share your ideas and help shape guidelines to ensure AI is used responsibly – protecting trust, truth, and democracy for the future.

WORKSHOP

EMPOWER

Organised by: Jonathan ODV

UNDERSTANDING THE JOURNEY

AND IF I WERE A MIGRANT?

Migration is a pressing issue, sparking frustrations, debates, and new policies within the European Union and its Member States. However, little attention is given to the migrants themselves, let alone the dangerous journey they had to undertake to reach Europe. Take part in this session to explore the challenges faced by migrants. Follow the stories of people who have migrated to Europe, step into their shoes and discover who is behind the statistics!

WORKSHOP

CONNECT

Organised by: Eduxo Italia APS

ADVOCATING FOR CHANGE

EUROPEAN CITIZEN INITIATIVES FOR GENDER EQUALITY

Gender-based violence, sexual and reproductive health, and comprehensive sexual education remain pressing challenges in the EU. Youth engagement plays a vital role in advancing gender equality, but how can young people also influence policymaking effectively? The European Citizens' Initiative offers a powerful tool to push policymakers into action. Join our interactive workshop to explore legal frameworks, develop strategies to empower youth to use this tool, and collaborate on impactful project proposals. Take part in this session to advocate for change!

WORKSHOP

EMPOWER

Organised by: Futurist Law Lab

DEEP DIVE INTO THE AI ACT

SHAPING THE FUTURE OF THE DIGITAL AGE

The EU is at the forefront of regulating Artificial Intelligence (AI) with the groundbreaking EU AI Act. But what does this mean for justice, innovation, and human rights? Dive into an immersive simulation game where you will explore the challenges and opportunities of AI regulation. Step into the shoes of key stakeholders, such as policymakers, tech innovators, and advocates for justice, and navigate real-world scenarios that test the boundaries of ethics, law, and innovation. Can we protect against bias and discrimination while fostering technological progress? How do we ensure legislation keeps up with AI's rapid evolution? Join us to shape the conversation and help define the future of AI in Europe!

SIMULATION

ENGAGE

Organised by: MTÜ Shokkin Group

THE TRUTH SEEKERS

MEDIA LITERACY FOR EVERYONE

We live in a world where the amount of information is constantly increasing. While we are flooded with information on a daily basis, fake content, manipulation of public opinion and information wars are becoming more and more frequent. How can we still tell right from wrong? Join us and work together with your team to solve puzzles and challenges to reveal the truth behind media manipulation techniques. Are you prepared to navigate the complexities of information in the digital world today?

GAME

EMPOWER

Organised by: Icebreakers

THE GREEN TRANSITION GAME

CO-CREATE THE FUTURE OF THE ARCTIC

Climate change is an urgent global threat that has prompted the EU to adopt the European Green Deal as a roadmap to achieve climate neutrality by 2050. The green transition has also increased demand for Arctic-neutral resources, creating both innovative opportunities but also challenges that could widen societal gaps if not managed inclusively. To address these issues, empathy and diplomacy are essential tools to ensure all communities benefit equally from the transition. Join us for an interactive game to explore these challenges and tackle the question: How can we create a better, greener transition for everyone?

GAME

EMPOWER

Organised by: Openous Organization

TOGETHER FOR GENDER EQUALITY

JOINING FORCES FOR AN EQUAL WORLD

Have you ever considered how gender stereotypes impact our health and well-being? How can we effectively challenge and break down these stereotypes? Imagine a world free from gender discrimination, where stereotypes no longer affect our health and well-being. In this workshop, we will explore how to dismantle these stereotypes and societal norms, working together to create a fairer, brighter future. Join us as we discover tools for advancing gender equality in an inclusive way and develop your own awareness campaign!

WORKSHOP

CONNECT

Organised by: Local Conference of Youth, Spain

FROM LOCAL ADVOCACY TO GLOBAL IMPACT

NAVIGATING CLIMATE ACTION

Climate change affects every aspect of our lives. While we constantly hear about the urgency of action, decisions of those in power change little or only slowly. Can we as normal citizens create meaningful impact? Can young people truly influence climate action and have their voices heard in this crucial fight? Join our interactive workshop to explore tools and resources that can help amplify your voice in the climate movement.

WORKSHOP
EMPOWER

Organised by: World Esperanto Youth Organisation

CUCUMBERIA

DEMOCRACY IN ACTION THROUGH THE ROLE-PLAY OF LANGUAGE POLICIES

Imagine being a citizen of the fictional country of Cucumberia. In this session, you will step into the shoes of a distinctive language community and will be tasked to agree on reforms to the education and mass media systems. You will be challenged with scarce resources and conflicting needs of each community. How will you create a fair and language-sensitive reform? Join our workshop to explore intercultural communication and the impact of language policies in diverse, open societies. Challenge your perspective and tackle the complexities of multiple languages!

SIMULATION
CONNECT

Organised by: Institute for Diplomatic Education Gajst

PICASSO'S GUERNICA

ART AND CONFLICT

Wars and armed conflicts, both international and internal, are complex phenomena. However, understanding them does not always require intricate analytical frameworks or theories. In this workshop, we will use Picasso's Guernica - one of the most iconic paintings of the 20th century - to explore both current and historical conflicts. You will learn about the military, media, civil, humanitarian, and diplomatic dimensions of various conflicts through the lens of art. Take part in collaboratively creating your own abstract interpretation of Guernica, exemplifying a real conflict. What does conflict look like to you?

WORKSHOP
CONNECT

Organised by: *Federação Nacional dos Estudos Europeus*

ENGAGING YOUTH IN EUROPEAN GOVERNANCE

FROM CONCLUSION TO ACTION

Get ready to explore EU governance! In this interactive workshop, you will analyse how young people perceive the EU and propose changes you would want to see within the EU regarding youth-related issues. Together with Members of the European Parliament, you will be able to take part in open, informal conversations that encourage you to play an active role in EU governance and civic participation. What changes would you propose?

WORKSHOP

ENGAGE

Organised by: *Fakescape*

ESCAPE MISINFORMATION AND SAVE THE HOLIDAYS

It is 2028, and a presidential election is just around the corner. As a journalist reporting on the race, you receive an anonymous tip: one candidate plans to abolish summer holidays for good. Can you trust this information? In this session, you will face a series of puzzles and challenges, questioning at every turn: Can this image be trusted? Is this headline telling the full story? Once you uncover the truth, take a moment to reflect: How is misinformation shaping our perspectives and potentially distorting the truth? Join this workshop for an eye-opening experience!

GAME

EMPOWER

Organised by: *Europa Society*

UNION ON THE BRINK

DEFENDING DEMOCRACY

Democracy, human rights, and the rule of law are core values for any state within the Union. In this session, Corvalon, a fictional EU member state, has fallen under the control of an authoritarian general following a coup. This crisis does not go unnoticed by the EU institutions. How will the EU protect its democratic principles? What action should it take when a member state dismantles its democratic structures? Step into the role of the EU institutions and work together to develop a plan of action. Will you be able to navigate the challenges and defend democracy?

SIMULATION

ENGAGE

Organised by: *Let Her In International Network*

POSTCARDS FOR INCLUSION

YOUTH VISIONS FOR A CONNECTED WORLD

How can we achieve greater inclusion and connection in our communities and beyond? Sending postcards is a way we share experiences and memories. In this workshop, we will revisit this tradition and make it digital using techniques from digital storytelling. Together you will create short videos, photo collages, or audio recordings, capturing your unique perspectives on building a more inclusive world. Are you ready to send your postcard for inclusion?

ARTISTIC ACTIVITY

CONNECT

Organised by: *LUX Young Talents*

BE THE JURY

A JOURNEY THROUGH EUROPEAN SHORT FILMS

Have you ever been part of a jury? Inspired by the European Parliament's LUX Audience Film Award, this workshop invites you to step into the role of a film juror and engage critically with a selection of short films from young European filmmakers. What criteria will you use to evaluate the films? How will you assess storytelling, visual style, and social impact? Take part in this session to explore European cinema, rate the films, and discuss and share your insights!

WORKSHOP

CONNECT

Organised by: *Don Bosco Foundation*

BEYOND BORDERS

YOUR GUIDE TO EUROPEAN YOUTH PROGRAMS

What is the European Solidarity Corps? Have you heard of Erasmus+? Get ready to explore various European youth programs as you create your own Youth Passport. Your mission will be to collect as many stamps as possible by completing a series of challenges and interactive tasks. At each station, you can learn about different opportunities, get tips on how to apply and find out how to prepare for life-changing experiences abroad. Find out about a variety of EU youth programs designed to help you grow, travel and make a difference!

WORKSHOP

EMPOWER

Organised by: 7th Cyprus Youth Parliament – Environmental Committee

SUSTAINABLE TOURISM IN ACTION

A ROLE-PLAYING SIMULATION

Tourism has long been a challenge for our planet, but it is only in recent years that it has received much attention. The EU has been a pioneer in this field and has established a strategy for sustainable tourism in 2021. Nevertheless, many European countries are still struggling with the environmental impact of mass tourism. Why have some Member States failed to implement their national strategies? How can we meet the growing demand for travel driven by globalisation without harming the local environment and rural communities? What steps can we take to ensure a sustainable future for tourism? Step into the role of a stakeholder and take part in a lively discussion on sustainable tourism in action!

SIMULATION

ENGAGE

Organised by: Erasmus Student Network Ukraine

MEET UKRAINE

UNCOVERING STEREOTYPES THROUGH REAL ENCOUNTERS

Have you ever wondered what books would say if they could speak? In this workshop, the library comes to life. Meet eight living books from Ukraine, each offering a unique and personal perspective in our human library. Explore how Ukraine's culture varies across regions, discover the country's role in today's global landscape, and learn how Ukrainians balance traditional values with modern realities. Come join us and listen to fascinating stories first hand!

LIVING LIBRARY

CONNECT

Organised by: GrowSPACE Foundation

HUMANITY

UNITED IN HUMAN RIGHTS PROTECTION

What do human rights mean to you and how can we protect them in today's world? This interactive workshop invites you to consider the value of human rights through the lens of European values and legal frameworks such as the European Convention on Human Rights. Dive into case studies of human rights violations, consider legal strategies and discuss practical steps to address these challenges. Attend this session to deepen your knowledge of human rights and join us in advocating for their protection!

WORKSHOP

EMPOWER

Organised by: *Generation Peace*

TOWARDS SUSTAINABLE PEACEKEEPING

MEDIA LITERACY AND REPRESENTATION

How can we report on conflicts without fuelling the fire? How can we promote peace and conflict resolution through journalistic work? What is ethical journalism? In this session, you will get to learn more about peace journalism, take part in role-play games and join discussions to learn how to recognize media bias, stereotypes and misinformation. Come join us to explore the crucial role of media and representation in peacebuilding!

WORKSHOP

EMPOWER

Organised by: *Jauniešu Birojs*

THE EU POLICY LAB

SHAPING EUROPE'S FUTURE

The EU Policy Lab opens its doors to welcome you to explore and tackle some of the most pressing policy issues faced by the EU today. From climate change to digital innovation or economic development – which key policy issue in the EU do you want to tackle? Get ready to collaborate in designing creative, innovative solutions and present your ideas in a final showcase. Take the next step to design the policies of the future!

WORKSHOP

EMPOWER

Organised by: *European Youth Parliament Finland*

OUT OF THE BOX

CREATING IMPACTFUL PROJECTS

Do you have a social issue that is close to your heart? Are you ready to take the first step to create real change? In this fun workshop, you will develop a concrete proposal for an event or campaign that raises awareness for the issues you care about most. Learn about the five key stages of project planning: determine your focus, define your target audience, plan concrete steps, secure resources and draft a compelling proposal. Along the way, you will face real-world challenges and opportunities that will test your creativity and adaptability. Are you ready to put your ideas into action?

WORKSHOP

EMPOWER

Organised by: Young European Movement

WOMEN IN EUROPE

CHAMPIONING EQUALITY IN POLITICAL LEADERSHIP

Come join us for an interactive performance that empowers women to strengthen democracy in European political leadership. As you experience this spoken word and music performance, you will be invited to contribute your own ideas. Together we will explore how to improve women's representation in European politics and raise awareness about the prevalence of gender-based violence. Join us and be part of the change!

ARTISTIC PERFORMANCE

EMPOWER

Organised by: Notes d'Or

HARMONY FOR HEALTH

A YOUTH WELLNESS CONCERT

In this concert, you will experience the powerful impact of music on mental and emotional health. Music plays a vital role in supporting youth well-being and building connections. This performance highlights how music can foster harmony and strengthen communities, a key aspect of European democracy. Get ready to feel the uplifting impact of music in a multicultural setting!

ARTISTIC PERFORMANCE

CONNECT

Organised by: Zona Incerta ETS

TRAVELLING THROUGH TIME

STILL DREAMING

Who are we as humans? What holds us together as a community? In this captivating performance, you will discover an immersive and sensory theatre experience where actors interact closely with the audience during the performance. Join us on a journey through time in this captivating performance, where the values of European democracy come to life!

ARTISTIC PERFORMANCE

CONNECT

Organised by: *Moving Souls Contemporary Group*

I-DENTI-TY

In today's world, young people often find it difficult to define their individuality. Dance can be a guide to finding oneself. In this performance, you are invited to embark on a journey of self-discovery where you can reflect on the challenges, changes and empowerment that come with defining your own identity. Join us and find yourself and the power of your own identity!

ARTISTIC PERFORMANCE

CONNECT

Organised by: *2nd Highschool Argos*

TRADITIONAL DANCES OF GREECE

SIRTAKI AND KALAMATIANOS

Have you ever experienced the joy of participating in a communal dance? We invite you to be part of our performance, featuring traditional Greek dances. You are more than a spectator – join us and learn the basic steps of famous dances such as Sirtaki and Kalamatianos. Experience cultural diversity through the power of dance!

ARTISTIC PERFORMANCE

CONNECT

Organised by: *Alumni Academie Notre Europe de l'Institut Jacques Delors*

PREPARING TOMORROW'S LEADERS

CRISIS MANAGEMENT WORKSHOP

From economic turmoil to political instability and environmental disasters, the EU is no stranger to crises. But what happens when the pressure mounts? In this dynamic workshop, you will confront the challenge of managing crises that could shake the European Union to its core. Dive into real-life scenarios and examine how crises affect the stability and cohesion of the EU. Together with your team, you will analyse the challenges, use mechanisms the EU already has in place and develop strategies on how Member States can work together under pressure. Take part in the session and test whether you have what it takes to keep the Union together!

WORKSHOP

ENGAGE

Organised by: *International Lesbian, Gay, Bisexual, Trans, Queer and Intersex Youth & Student Organisation*

CREATING SAFE AND BRAVE SPACES

LGBTQI INCLUSION IN THE YOUTH SECTOR

How inclusive are the youth spaces you take part in? Have you ever noticed barriers that make it harder for LGBTQI young people to feel safe and truly belong? In this interactive workshop, we'll explore the challenges LGBTQI youth face in youth spaces and what meaningful inclusion looks like. Through discussion, real-life examples, and practical tasks, you'll reflect on existing barriers, review your own organisation or group, and gain practical tools to create safe(r), more inclusive youth spaces. Join us to learn, reflect, and take action!

WORKSHOP
EMPOWER

Organised by: *Konnekt Association*

YOUR CITY, OUR FUTURE

Ready to design your own city? In this workshop, you will collaborate to design a fictional city that reflects diverse values, needs, and backgrounds, aligned with EU principles. Divided into groups, you will be assigned a societal theme, from healthcare to environmental sustainability to human rights. As a group, you get to envision how your area would ideally function within the city, consider measures to implement, think about solutions to specific challenges, and reflect on ways to ensure equal access for everyone.

WORKSHOP
ENGAGE

Organised by: *Rural Youth Europe*

POWERING CHANGE

YOUTH IN THE ENERGY REVOLUTION

Join this interactive session to explore the role of young people in the energy transition. Through hands-on activities and debate, you will learn about renewable energy sources and how they can revitalise communities. Work in groups to tackle real-world energy dilemmas, take on different stakeholder roles, and discuss the challenges of balancing economic, environmental, and social needs. Reflect on your own role in the shift to sustainable energy and commit to small but impactful actions. Be part of the conversation and help shape the future of energy!

WORKSHOP
CONNECT

MYTHBUSTERS

FOOD PRODUCTION IN EUROPE

How much do you really know about food production in Europe? This interactive workshop puts common myths about agriculture to the test! In small groups, you will debate statements on topics like organic farming, sustainability, and food security – deciding what is fact and what is fiction. A facilitator will then reveal the truth, breaking down misconceptions and explaining the realities behind food production. Challenge your assumptions, sharpen your critical thinking, and walk away with a clearer picture of how food is really grown and produced in Europe!

WORKSHOP

ENGAGE

RURAL YOUTH EUROPE STAND

CONNECT, LEARN, ACT!

Visit our stand to discover how young people from rural and remote areas can connect, learn, and take action! Rural Youth Europe is the largest network representing rural youth across Europe, working to empower young leaders, strengthen communities, and advocate for inclusive policies. Whether you are interested in advocacy, leadership, or making a difference in your community, find out how you can get involved and be part of the change!

STAND

CONNECT

Organised by: Youth Empowerment

PARLIAMENT IN ACTION

JOIN A MOCK PLENARY SESSION

Join us for this activity during which you will get to take on the role of an MEP during a plenary session! Participants will be divided into the real political groups of the European Parliament. Then, a mock European Parliament plenary session will be held, featuring speeches, internal political group discussions, and debates. Don't miss the opportunity to have your say in a parliamentary session!

WORKSHOP

ENGAGE

Organised by: European Educational Exchanges – Youth for Understanding

COLOURED GLASSES

INCREASE YOUR INTERCULTURAL UNDERSTANDING

In this interactive workshop, you will have the opportunity to reflect on your attitude toward your own and other cultures while exploring topics such as culture and identity, intercultural communication, stereotypes, prejudice, discrimination, inequality, human rights, and responsibility. Learn about a methodology, that brings intercultural education into short, engaging workshops. It involves peer-to-peer learning and is rooted in grassroots volunteerism and community building. Join us for a taste of the Coloured Glasses methodology.

WORKSHOP

CONNECT

Organised by: Cool Crips Mi Kerdoskopiki Etaireia

UNWELCOMED BY DESIGN

Imagine a world where doors are too small for you to enter, signs are written in a language you don't understand, or technology doesn't respond to your needs. In this workshop, we will explore what it means to live in a society that wasn't designed for you and how everyday barriers can lead to exclusion. Through storytelling and group activities, you will uncover how norms shape our environments and work together to rethink accessibility. Join us to challenge assumptions and discover how we can create spaces where everyone belongs.

WORKSHOP

CONNECT

Organised by: WorkForce Internship

MENTAL HEALTH FOR YOUTH LEADERS AND CHANGEMAKERS

Activism is powerful – but it can also be mentally and emotionally demanding. This interactive workshop equips youth leaders with essential mental health insights and stress management strategies to stay strong, motivated, and resilient in the face of challenges. Through interactive segments, you will be able to explore the importance of mental wellbeing as a foundation for sustainable engagement.

WORKSHOP

EMPOWER

Organised by: Adriatic Baltic Black Azov seas Student Association

EAST MEETS WEST

STRENGTHENING INTER-EUROPEAN COOPERATION

Join a panel of experts, policymakers, and youth leaders from Eastern Europe to explore the region's evolving role within the European Union. The conversation will address the economic, political, and cultural divides between Eastern and Western Europe, examining the unique contributions Eastern Europe brings to the EU and the importance of unity in diversity. Learn more about the challenges and opportunities Eastern European nations face in the EU and how young people can bridge divides, foster friendships, and build a stronger European community. Be part of actively contributing to the future of the EU and its internal unity!

PANEL

ENGAGE

Organised by: Youth Express Network

MEDIAMASTER

How to escape from an island full of misinformation? It seems the only way out is to be media literate. Join us and play the MediaMaster boardgame! Along the way you will encounter various obstacles that can both challenge and assist you in reaching your final goal: becoming super media literate and winning the information cup. MediaMaster provides an engaging, interactive, and immersive experience for you. This is your chance to roll the dice and answer questions, and develop your knowledge of media literacy and freedom of speech. Come and get lost in this adventure!

WORKSHOP

EMPOWER

Organised by: Talasa Youth Association

BALFOLK

CONNECTING EUROPE THROUGH DANCE

Ready to dance and connect with people from across Europe? Then join our Balfolk workshop! Move your body as you dive into the stories behind iconic European dances like Drumul Draculi, Misirlou, Rumelaj, Andro, and the Circassian Circle. You might not have danced to these tunes before but – trust us – once the music hits, you won't be able to stop! Come to groove, learn, and have fun with us. See you on the dance floor!

WORKSHOP

CONNECT

Organised by: *European Youth Card Association*

FROM IDEA TO ACTION

DESIGN YOUR OWN LOCAL PROJECT

Starting your own local project takes a lot of planning and effort, whether it's a beach clean-up, a movie screening or a citizens' discussion. In this session, we are taking it back to the basics: you will learn how to connect with your audience, build strong partnerships, manage your budget, and find funding. You will be paired with other participants to come up with a cool local initiative to implement in your area. After the session, your ideas will be showcased at the European Youth Card Association's stand, where EYE participants will vote for their favourites. The best part? The top-voted ideas will win a prize!

WORKSHOP

EMPOWER

SPIN THE WHEEL AND MAKE AN IMPACT!

Get to know what we do at the European Youth Card Association by spinning the wheel and participating in one of our activities. Make your voice heard, test your knowledge, vote for the best project ideas from our EYE workshop, and much more! The best thing? Everyone who joins will receive a free European Youth Card on the spot – a must-have for any young adventure-seeker with thousands of discounts around Europe. And that's not all. By taking part, you will also enter into a competition to win awesome prizes!

STAND

CONNECT

Organised by: *ATD Fourth World*

THE HIDDEN DIMENSIONS OF POVERTY

REVEALED BY YOUTH VOICES

Poverty is not only about money. If it is understood only as a financial problem, it cannot be fought effectively. Trying to understand and fight poverty without involving the people who experience and resist it everyday is doomed to fail. Based on an international participatory study conducted by Oxford University and ATD Fourth World, this panel discussion will show what poverty really is, thanks to the words of young people with lived experience of poverty and exclusion: "When they tell us at work to leave our problems at the door, we cannot, we are human and there are days when we're not okay. To talk about your worries, to say that you have slept on the street, would not stop you from working but would help explain to others why you are in a mood. Ask what is wrong, try to understand."

PANEL

EMPOWER

Organised by: International Debate Education Association

DEBATE TODAY, EUROPE TOMORROW

This exciting activity combines academic debate and interactive panel discussion. Two teams of three high school debaters will present arguments on one of the key issues shaping the future of Europe. After the debate, you will have the chance to share your thoughts, support or reject the arguments from the debate, and contribute with your own opinions. Active participation and meaningful discussions on the future of Europe help shape the difficult decisions made on the basis of the debate. Join the debate, encourage critical thinking, and play a part in shaping the future of Europe!

PANEL

EMPOWER

THE LOGIC LAB

CRAFTING STRONG ARGUMENTS

This interactive session equips you with the skills to construct strong and well-structured arguments. In a collaborative environment, you will build arguments on relevant topics, engage in constructive feedback, and sharpen your critical thinking. Join us to refine your ability to argue effectively, challenge assumptions, and develop the communication skills that are crucial for navigating complex issues. Ready to unlock the power of reason and logic? Let's start crafting stronger arguments together!

WORKSHOP

EMPOWER

Organised by: Nuova Accademia degli Arrischianti

DIALOGUE WITH THE ENEMY IN THE HEART OF EUROPE

Nuova Accademia degli Arrischianti brings Albert Camus' powerful and urgent "Letters to a German Friend" to the stage – a dialogue between the famed writer and a Nazi acquaintance. Through these letters, Camus rejects his acquaintance's choices but still sees hope, and tries to keep in his heart the dream of a free tomorrow. He says "Europe is the land where the most astonishing adventures of the human spirit have been going on for twenty centuries, and the privileged arena where Western humanity struggles against the world, the gods, themselves, and reaches its climax today". Join us for this powerful performance, followed by an audience discussion.

ARTISTIC PERFORMANCE

CONNECT

THE GIUFÀ PROJECT

THEATRE AND ARTS FOR ACTIVE CITIZENSHIP

Giufà is just one of the many names of Nasreddin Khoja who can be found in stories and tales across the Mediterranean. He is a naive yet unpredictable figure who challenges social norms and overturns perspectives. Through participatory theatre, this workshop invites you to explore themes of journey, identity, and encounters with others. We will engage in different exercises and moments of artistic storytelling. Together we'll explore some stories of Giufà, drawing from your experiences and voices, reflecting on diversity, encounter and inclusion through movement, space, and collective narration.

WORKSHOP

CONNECT

Organised by: *European university college Association*

EYE QUIZ TOURNAMENT 2025

Get ready for the EYE Quiz Tournament: an interactive TV-style game show about EU knowledge live-streamed on Twitch! Over the course of 90 minutes 120 participants will compete in 3 exciting matches hosted by a youth EU influencer. A Member of the European Parliament will join each match offering key insights and commentary. Are you ready to show off your EU mastery? Test your knowledge on EU values, citizens' rights, and the role of the European institutions - all while engaging with MEPs and discovering the secrets of decision-making. Get one step ahead with over 200 practice questions on ActionBound. Connect with peers, and test your civic awareness! This fun and competitive game will teach you essential EU knowledge! Will you be the EYE Quiz Champion?

WORKSHOP

ENGAGE

BOOST YOUR FUTURE

VISIT THE EUROPEAN UNIVERSITY COLLEGE ASSOCIATION STAND

The European university college Association is a European Network of higher education institutions across 16 EU countries, promoting excellence in student development. EucA provides international learning experiences, fostering active citizenship, employability, and the development of soft skills. Discover how EucA empowers students through leadership bootcamps, study visits, and EU-funded projects and events on active citizenship. Get 1:1 career coaching with personalised CV, LinkedIn, and cover letter reviews. With a focus on interactive discussions, we welcome you for a personalised experience. Explore international opportunities to grow academically and professionally with EucA!

STAND

CONNECT

Organised by: Forum of European Muslim Youth Student and Organisations

IMAGINING DIGITAL FUTURES

UNDERSTANDING THE POWER OF NARRATIVES

How can we imagine AI and digital futures shaped by our experiences? Narratives around AI and rapid advancements of digital technologies are shaped by optimism that innovation is the solution to all the issues we see around us. Technological determinism often clashes with news and lived experiences of digital harms, from algorithmic racism on social media to biased risk scoring in social welfare. Join this activity to identify and address biases in AI that may reinforce prejudice, foster debate on AI's societal impact and develop strategies for ethical, inclusive design and strengthen critical thinking to assess AI ethics and navigate its limitations!

WORKSHOP

EMPOWER

Organised by: Youth and Environment Europe

SOLVE THE OCEAN PUZZLE WITH THE YOUTH4OCEAN FORUM

Dive into Ocean Action with us! Join the Youth4Ocean Forum for an Ocean Fresk workshop—a unique, hands-on experience that explores the ocean's vital role and the urgent challenges it faces. Collaborate with passionate peers as you uncover the causes and effects of ocean-related issues and create a dynamic visual map of these challenges. Gain fresh insights, connect with like-minded changemakers, and exchange ideas in a supportive environment. Featuring inspiring talks from environmental NGO experts and a high-level guest speaker, this workshop will empower you to lead the change for ocean sustainability — just in time for the European Oceans Pact! Ready to make waves?

WORKSHOP

CONNECT

SAIL FOR THE OCEAN

A COLLECTIVE YOUTH MESSAGE THROUGH ART & STORYTELLING

This session will connect, and inspire you through a shared creative experience. By taking part in interactive games and engaging presentations led by young artists, activists, storytelling experts, and ocean scientists, you will learn about the power of art in raising awareness about ocean issues and driving marine conservation efforts around Europe. By reflecting on the ocean's significance in our own communities and learning from each other's experiences, we will shape both personal and collective insights which will be expressed in a collective sail artwork. The sail will be donated to "L'Océan des Possibles" for use on one of their expedition sailboats – don't miss the opportunity to let your message be shared around the world!

WORKSHOP

CONNECT

Organised by: Organizing Bureau of European School Student Unions

BUILDING EQUALITY

GENDER MAINSTREAMING AND INTERSECTIONALITY IN YOUTH PRACTICE

Over the last years we are witnessing rising attention to the issue of bringing forward intersectional feminism as a key element for discussing and enabling inclusion and accessibility of our spaces. In many countries across Europe, women rights are regressing rather than progressing, including a general decline in the quality of the conversation around intersectionality, considering the several attacks made also on women's, migrants' and minorities' rights. Join this workshop to tackle gender mainstreaming from an intersectional perspective and empower young people to reflect on historical and cultural issues and shift towards an inclusive mindset!

WORKSHOP

CONNECT

Organised by: Organizing Bureau of European School Student Unions and European Educational Exchanges – Youth for Understanding

MOBILISE FOR SCHOOL STUDENTS' RIGHTS AND INTERCULTURAL LEARNING

Step into the world of student activism and intercultural learning at OBESSU's and EEE-YFU's stand! Test your knowledge with our interactive quizzes, explore digital and global citizenship through engaging activities, and share your vision on the future of education in an impactful video! Meet our passionate volunteers, discover how you can join the student movement and gain global competencies through intercultural learning. Join us in the celebration of OBESSU's 50th anniversary marking five decades of mobilisation for the rights of secondary school students, fighting for quality education and the coordination of social youth movements! Let's break the ice with fun non-formal education activities and games. Whether you are curious, creative, or ready to take action, there's something for everyone—let's get mobilised together!

STAND

CONNECT

Organised by: European Youth Parliament

REBUILDING UKRAINE

THE ROLE OF THE EU AND PERSPECTIVES FROM THE NEXT GENERATION

What are Ukraine's most pressing reconstruction needs, and how is the EU supporting Ukraine in its recovery? How does the long-term vision of Ukraine's recovery influence its integration into the EU? How are Ukrainian youth participating in this process right now, and what can we do to ensure that young voices are included in decision-making? Join us to hear about success stories of international collaboration for Ukraine's recovery and find out what we, as Europeans, can do to drive change and build a safer, more sustainable, and prosperous Europe for everyone. This panel discussion with Ukrainian activists and EU politicians is your chance to let your voice be heard on the issue that matters most to you!

PANEL

EMPOWER

SOLIDARITY WITH UKRAINE

EMPOWERING YOUTH ACTION IN POST-WAR RECONSTRUCTION

Have you ever wanted to become more involved in Ukraine's recovery process? Now it is your chance to have a say! The Rebuild Ukraine Ambassadors Programme is a project organised by the European Youth Parliament to promote young perspectives on Ukrainian reconstruction. During the workshop, you will discuss five areas of Ukraine's reconstruction: school education, preservation of culture, urbanisation and smart cities technologies, energy security and safeguarding Ukrainian small and medium enterprises from cyber threats. You will have the chance to brainstorm solutions and step into the shoes of NGOs, Ukrainian government officials, active citizens and international donors. Join us and discover what you can do today to support Ukraine on its path of sustainable recovery!

WORKSHOP

EMPOWER

Organised by: Young European Federalists

PEACE KNOWS NO BORDERS

What does it mean to live under conflict? How can we create spaces for peaceful living in Europe? This workshop offers you a space to discuss the importance of peacebuilding with decision-makers, such as MEPs, regionally and locally elected politicians, as well as activists coming from border regions or conflict zones. Be part of the discussion and propose policy solutions that help ensure peaceful coexistence. Get ready to discuss ways to improve livelihoods in cross-border regions!

WORKSHOP

ENGAGE

Organised by: Jeunesses Musicales International

YOUR DIGITAL STORY

YOUNG PEOPLE AS DIGITAL CONTENT CREATORS

In today's digital world, creatives of all kinds – from musicians to visual artists, podcasters to activists – need strong online storytelling skills to connect with their audience. In this interactive workshop, you will learn how to build an authentic digital presence, create engaging content, and grow a supportive community. You will hear about essential strategies for branding, visual storytelling, and audience engagement from industry professionals. Whether you are an artist looking to promote your work or a changemaker amplifying a cause, this session will give you practical tools to make an impact. Join us to gain hands-on experience, connect with peers, and start shaping your creative future today!

WORKSHOP

EMPOWER

CREATIVE CAREERS IN THE DIGITAL AGE

COPYRIGHT, REVENUE, AND SUSTAINABILITY EXPLAINED

The digital era brings new opportunities for young creatives, but navigating copyright and revenue streams remains a challenge. This interactive workshop equips you with essential tools to protect your work, generate income, and build sustainable careers. You'll explore copyright essentials, digital revenue models, and financial strategies, and gain hands-on skills through expert-led discussions, group exercises, and real-world case studies. The session also fosters networking, offering direct insights from industry professionals. Open to all young creatives, this workshop empowers you to take control of your artistic careers in an evolving industry, whether you're an independent musician, producer, or someone looking to enter a creative industry!

WORKSHOP

EMPOWER

ART AS ACTIVISM

SAFEGUARDING FREEDOM OF EXPRESSION IN EUROPE AND BEYOND

Art is power. It challenges, disrupts, and inspires change. But what happens when voices are silenced? When censorship grows, and creative spaces shrink? This session is a call to action for young people and artists ready to fight for their right to express, create, and resist. Through discussions, real stories, and hands-on strategies, we will explore how to turn art into activism, address restrictions, and engage policymakers. Join a movement of fearless creatives shaping the future. Your voice matters - let's make it heard.

WORKSHOP

CONNECT

Organised by: European Youth Forum

REIMAGINING HOME

A YOUTH VISION FOR THE FUTURE OF HOUSING

As the housing crisis intensifies across Europe, it is crucial for young people to reclaim their agency in shaping the future of our homes and communities. This interactive session invites you on a journey to challenge the current paradigms of ownership, reimagine community, and explore alternative ways of living. Together, we will envision and co-create a just, sustainable, and beautiful vision for housing in 2045. Through guided visualisation, deep reflection, and dynamic fishbowl discussions, we will explore new models of living, from cooperative housing to decentralised urban planning. We will reflect on the role of youth organisations in shaping housing policies and discuss actionable steps to turn our visions into reality. Join us to dream boldly, share insights, and co-create solutions for the homes and lives of tomorrow.

WORKSHOP

CONNECT

SPOTTING A QUALITY INTERNSHIP

Pay! Social security! Written agreement! Transparent and unbiased recruitment process! What do all of these have in common? They all are criteria for a quality internship. In this workshop you will learn how to identify a quality internship through a Bingo game and get to know more about the European Youth Forum's work on this topic and how you can get involved.

WORKSHOP

CONNECT

SHAPING INTERGENERATIONAL FAIRNESS

Are you ready to shape the future? The European Union is preparing a new strategy on intergenerational fairness, and your perspective is crucial. How does your age affect your access to jobs, housing, and social rights? Come share your experiences and discuss with Members of the European Parliament how upcoming plans might impact you and future generations. This workshop is your opportunity to propose ideas and assist the EU in creating policies that promote fairness for all ages. Let's work together to ensure an equitable future. Join us and make your voice heard!

WORKSHOP

CONNECT

EUROPEAN YOUTH FORUM PLAYGROUND

Jump in and have fun at our Playground Stand! Test your knowledge on youth spaces, take on challenges, and team up to make youth voices stronger! Motivate your peers, share ideas, and imagine the future together. Whether you are here to game, chill, or just vibe, this is your space at any time. Are you ready to step up? Stop by, join the game, and let's shape the future - one play at a time!

STAND

ENGAGE

Organised by: Eurodesk

EURODESK GAME ZONE

ADVENTURES IN EUROPE GIANT BOARD GAME

Feeling competitive? Play games, explore youth opportunities, and spin the Eurodesk wheel for exclusive prizes! Join the Adventures in Europe Giant Board Game - Ready for an adventure around Europe? Collect tickets through solo challenges that reveal your strengths and duels that test them against others. Can you be the first to reach your final destination? Compete and win!

GAME

CONNECT

EURODESK GAME ZONE

EURO-RACE BOARD GAME

Feeling competitive? Play games, explore youth opportunities, and spin the Eurodesk wheel for exclusive prizes! Enjoy the Euro-Race Board Game and be the first to arrive at the finish line! Face solo challenges to improve your skills and duels to prove them. Answer correctly to move faster on the board. Will you end the race first?

GAME

CONNECT

EURODESK GAME ZONE

TABEU GAME

Feeling competitive? Play games, explore youth opportunities, and spin the Eurodesk wheel for exclusive prizes! Think Fast! Join Eurodesk's TabEU game to explore European concepts, travel, and mobility in a fun way! Can you make your team guess the word without using taboo terms? Enjoy reflecting on citizenship and democracy with creativity and humour!

GAME

CONNECT

Organised by: European Union of the Deaf Youth

WANT TO LEARN SIGN LANGUAGE?

DISCOVER THE DEAF WORLD!

Step into the world of sign language and Deaf culture! Have you ever wondered if Deaf people have their own culture? Do they use the same sign language worldwide? Does sign language have its own grammatical rules? What is our place as Deaf citizens in Europe? Do Deaf people have the same rights as their compatriots? Do you want to find out the answers to these questions? And learn some sign language, like how to invite a Deaf person to a party or ask where they are from? Join us for an engaging and interactive workshop where you will: explore fascinating facts about Deaf people and their culture, learn basic signs in International Sign through fun activities, and challenge yourself with a quiz on Deaf awareness. Come, learn, and engage with us! We are excited to introduce you to the power of sign language and the Deaf community!

WORKSHOP

ENGAGE

Organised by: Euractiv

BREAKING NEWS

EUROPEAN JOURNALISM UNPLUGGED

Join Euractiv, the Pan-European news network specialising in EU policy and European affairs, for this interactive workshop offering an insider's perspective on what it means to be a journalist covering European affairs today. This session will combine insightful discussions with hands-on experiences, empowering you with a deeper understanding of journalism and at the same time providing you with practical skills that you can use in your future career!

Q&A

EMPOWER

Organised by: Youth Outreach Unit, European Parliament

YOUR CAMPUS, YOUR VOICE

CONNECTING UNIVERSITIES WITH THE EU

Universities shape the next generation of change makers, but how can they better connect students with European democracy? This interactive workshop invites you to explore how your university can empower you to engage with the EU and the European Parliament. Through dynamic discussions, brainstorming, and action planning, you will identify the tools, knowledge, and networks needed to strengthen this connection. Hear from student and university organisations, exchange ideas, and discover concrete ways to bring Europe closer to your campus. Join us and take the next step in making your voice heard in the EU!

WORKSHOP

EMPOWER

STUDENTS AS CHANGE MAKERS

STRENGTHENING PARTICIPATION IN UNIVERSITIES

Universities play a key role in shaping future citizens, but how much say do students have in the decisions that affect them? This interactive workshop invites you to assess the opportunities and challenges of student participation in university governance. Through discussions, action planning, and insights from student networks, you will explore how students can make their voices heard, what models of participation work best, and how universities can foster a more inclusive decision-making process. Join us to exchange ideas, connect with peers, and take the next step toward meaningful student involvement!

WORKSHOP

EMPOWER

ONGOING ACTIVITIES

Organised by: Youth Outreach Unit, European Parliament

HEMICYCLE HUB

SPEAK, CONNECT, ENGAGE

Located right next to the Hemicycle, the Hemicycle Hub is the place to exchange views, meet experts, and dive into key EU topics. Want to connect with youth organisations working on policy issues? In the Advocacy Corner, you can explore different perspectives, develop your own, and find out how you can become active yourself. Do you have questions for EU specialists? Head to the Experts' Corner to discuss with EU officials, learn about key legislation, and better understand how decisions are made. Want to know how the EU budget affects you? In the Budget Corner, you can find out where EU money goes and share your take on spending priorities. Do you feel like meeting other EYE participants, share experiences, and keep the conversation going? Then the Networking Corner is the perfect spot for you. Join us at the Hemicycle Hub to discuss, connect, and explore how you can engage with the EU's political process!

OPEN SPACE

ENGAGE

MEET THE PRESIDENT OF THE EUROPEAN PARLIAMENT

Q&A WITH ROBERTA METSOLA

The European Parliament is the house of democracy, the only directly elected body of the European Union, representing 450 million citizens. The decisions it makes impact all of our lives and futures. Now, you have the chance to hear directly from the European Parliament President, Roberta Metsola, about the future of Europe and how the Parliament is working to shape it. Join us in the iconic Hemicycle for an opportunity to learn about the challenges, goals, and decisions driving Europe forward. Plus, you might even get the chance to ask the President a question of your own!

Q&A

ENGAGE

EUROPEAN CHARLEMAGNE YOUTH PRIZE

NETWORK WITH THE WINNERS!

Every year, the European Parliament and the International Charlemagne Prize Foundation of Aachen honour the most inspiring youth-led projects in Europe with the European Charlemagne Youth Prize. Last year's winners include Sisterhood Pathways from Lithuania, which raises awareness about violence against women in the Baltic States through art, workshops, and social media campaigns, and Europe Magazine from Germany, which uses visual journalism on Instagram to simplify complex social issues in Europe with maps and infographics.. Got a project idea of your own and looking for support and guidance? Don't miss the chance to connect with 27 national winners from across Europe in a speed-dating activity! Get insider tips, hear about the hurdles they have overcome, and learn from their experience to improve your own project.

NETWORKING

CONNECT

Organised by: Trainee Outreach and Recruitment Unit, European Parliament

BECOME OUR NEXT TRAINEE!

Interested in gaining your first work experience at the European Parliament? Twice a year more than 400 young university graduates are selected for a 5 months paid traineeship at the European Parliament's Secretariat. These Schuman traineeships are offered in a wide variety of fields and in one of the European Parliament's official places of work - Brussels, Luxembourg and Strasbourg - or in its Liaison Offices in the Member States. In addition, Members of the European Parliament may also offer paid traineeships at their offices at the European Parliament in Brussels or Strasbourg. Do you want to boost your education and professional training? Would you like to gain insights into an EU institution? Come and meet us to find out more about our traineeships!

STAND

ENGAGE

Organised by: Spokesperson's Unit, European Parliament and European External Action Service

COMBATTING DISINFORMATION

JOIN THE FIGHT!

Disinformation may be widespread, but so is the effort to stop it! Visit our stand for a chat with professional fact-checkers and experts from the European Parliament and the European External Action Service. Get the latest insights on the fight against disinformation and learn practical tips for spotting and combating it in your daily life. Plus, challenge yourself with a quiz to test your knowledge!

STAND

ENGAGE

Organised by: Visitors and Citizens Liaison Unit, European Parliament

PARLAMENTARIUM SIMONE VEIL

DISCOVER THE WORK OF THE EUROPEAN PARLIAMENT

Did you know that Members of the European Parliament meet twelve times a year during plenary sessions in Strasbourg to debate and vote on European legislation? Visit the Parlamentarium Simone Veil to learn more about the work of the European Parliament and how it impacts the lives of citizens: Discover numerous exhibitions, watch a 360° movie about EP history and values, take a picture in our interactive photobooth and much more!

OPEN SPACE

ENGAGE

Organised by: Web Communication Unit, European Parliament

JOIN TOGETHER.EU!

Meet the community that empowers you to be active for Europe's democracy! Visit the together.eu stand and connect with a vibrant group of volunteers dedicated to getting more people involved in European democracy. Whether you're looking to meet like-minded individuals, learn new skills, or connect with the members and volunteers who make together.eu so special, we'd love to see you there! Already a member? You're more than welcome to stop by and join the conversation. Don't miss out!

STAND

CONNECT

SOCIAL MEDIA LAB

Are you the main character on your Instagram or TikTok? The Parliament's social media team wants to meet you! Drop by to hang with content creators from all over Europe, try out some of our EU games, test your knowledge and be in with a chance to win a prize.

STAND

CONNECT

Organised by: Talent Selection and Outreach Unit, European Parliament

JOIN THE EUROPEAN PARLIAMENT

JOBS AND CAREERS

As a member of staff of the European Parliament, no matter your position, you contribute to making European democracy happen! The European Parliament's administration provides technical and expert assistance to the 720 democratically elected Members of Parliament, supporting the work of the only directly elected EU institution. Every member of staff works alongside colleagues with a variety of backgrounds in a unique, dynamic environment in Luxembourg, Brussels, Strasbourg and beyond. Discover an inclusive working environment at the crossroads of many European cultures, where equality, diversity and inclusion are applied across the board. Visit our stand to learn more about the many internships and other exciting entry level opportunities we offer!

STAND

ENGAGE

Organised by: EMAS and Sustainability Unit, European Parliament

THE EUROPEAN PARLIAMENTS COMMITMENT TO SUSTAINABILITY

Did you know that the European Parliament is tracking its greenhouse gas emissions since 2007? Are you curious to learn how Parliament is reducing the impact on the environment and which sustainability measures have been put in place for the European Youth Event? Visit the Sustainability Stand of the European Parliament, discuss with members of the Parliament's sustainability team or try your luck in our sustainability game!

STAND

ENGAGE

Organised by: European Parliament Liaison Office Lisbon

WEAR YOUR VALUES!

At the heart of the EU lie the values of human dignity, freedom, democracy, equality, the rule of law, and respect for human rights. What do these values mean to you? Which one speaks to you most? Choose a value that resonates with you and bring it to life by stencil painting it on a T-Shirt or tote bag. Wear your values - Let them be seen!

ARTISTIC ACTIVITY

CONNECT

Organised by: Interpretation Service and Translation Service, European Parliament

LANGUAGE MATTERS!

Welcome to the world's most multilingual parliament! Are you ready to discover the fascinating world of language professionals? Interpreters and translators help your elected representatives debate and decide in all 24 official languages of the European Union. Come to our stand and discover our linguistic activities: try out interpreting in one of our booths, have a shot at translating a text and put your language skills to the test with one of our language games! You will also have the chance to record a piece of EU news in your language in our EuroParlRadio booth and share your European story at the "My House of European History" corner to be part of a collection of online stories from across Europe. Meet Parliament's language professionals, get answers to all your language-related questions and have fun!

STAND

ENGAGE

Organised by: Europa Experience Unit, European Parliament

DISCOVER THE EUROPA EXPERIENCES

Did you know that there are 15 Europa Experiences at the moment in the European Union? What are the Europa Experiences about? Where are they located? What do they offer? Come and visit our stand inside the Simone Veil Parliamentarium, and play our quiz to discover more about the Europa Experience nearest to your city.

STAND

ENGAGE

Organised by: Webmaster Unit, European Parliament

EUROPEAN PARLIAMENT ONLINE

HELP US BUILD A BETTER WEBSITE!

Our mission is to keep you updated on what Parliament is doing! Your feedback can help us shape a next-level digital experience for citizens across the EU. Explore the new European Parliament website, designed to be simple, sustainable and user-friendly. From layout to navigation system - we want to hear what you think!

STAND

ENGAGE

Organised by: Directorate-General for Translation, European Parliament

EUROPARL RADIO LIVE FROM EYE2025

Follow the European Youth Event live, no matter where you are! Parliament's multilingual web radio brings you compelling interviews and insights from the event in several languages, along with music from all over Europe. Tune in on the EuroParl Radio website, as well as on the Europe in Your Language Facebook and YouTube channels to follow us live on air!

RADIO

ENGAGE

Organised by: Outreach and Engagement Unit, Council of the European Union

THE HOUSE OF THE MEMBER STATES

Why do we need summits? How does the EU adopt its laws? Come visit the Council's stand to learn more about how the EU Member States work together at the Council of the EU and the European Council. Discover how you can be involved and stay in touch with us! Dive into our interactive activities and see if you get all the answers right!

STAND

ENGAGE

Organised by: European Youth Centre, Council of Europe

COUNCIL OF EUROPE STAND

Welcome to the Council of Europe Stand! Here, you can learn more about the European Convention on Human Rights and find out how the Council of Europe works to promote democracy, human rights, and the rule of law across Europe and beyond. Whether you are a student, an activist, or simply curious, there are resources, trainings, and fun activities available for everyone! Come by our stand and be empowered to take action!

STAND

ENGAGE

Organised by: European Personnel Selection Office

KICK-START YOUR CAREER AT THE EU INSTITUTION

Looking for a meaningful career with a global impact? Visit our stand to explore how you can contribute to shaping the future of Europe! Learn about the wide range of roles across policy-making, law, economics, communications and more. Discover exciting career opportunities at the EU Institutions!

STAND

ENGAGE

Organised by: European Youth Centre, Council of Europe

LIVING LIBRARY

The Living Library works just like a normal library: visitors can browse the catalogue and borrow a book for a limited period of time. The only difference is that in the Living Library, books are people, and reading consists of a conversation. The Living Library attempts to challenge prejudice and discrimination by facilitating a conversation between a Living Book who shares an own experience of discrimination or social exclusion, and a Reader. Come and discover all Living Books' stories!

LIVING LIBRARY

CONNECT

Organised by: United Nations in Brussels

UNITED NATIONS STAND

YOUTH ACTION FOR INTERGENERATIONAL JUSTICE

How can we shape a fair and sustainable future for generations to come? What are the potential long-term effects of today's policies? How can we balance the needs of the present with the rights and needs of future generations? Come join us at the United Nations stand for a discussion on intergenerational fairness! Explore interactive stations, each focusing on key issues of intergenerational justice, such as climate change, digital transformation and economic inequality. Discuss with us which concrete EU policy solutions could be developed to ensure fairness for both current and future generations!

STAND

ENGAGE

Organised by: Eurodesk

LAUNCH YOUR EU JOURNEY AT THE EURODESK STAND!

Your EU journey starts here! Explore our brochures, get expert advice on international programmes such as Erasmus+ and the European Solidarity Corps, and share your story, you might even become an Instagram star!

STAND

ENGAGE

Organised by: Committee on Budgets, European Parliament

DESIGNING THE EU BUDGET

What do you think the EU budget should be spent on? In this group discussion, we will explore the EU budget, look into how it is currently used and which policies or public services it funds. We will talk about why some policy areas are financed through the EU budget, while others are not. We will also take a closer look at the rules within which the budget operates, and discuss whether these rules should be changed or made more flexible. Together we will explore why decisions are made on different levels, how the EU brings added value and why different countries might have different opinions and needs.

ROUND TABLE

ENGAGE

Organised by: European Youth Forum

UTOPIAN AND DYSTOPIAN VOTING

A VOTE16 TIME MACHINE

Young people are often invisible and unheard in democratic processes. Will anyone care about elections in 2040? Will democracy bounce back, restoring young people's trust in politicians and elections? By lowering the voting age and granting younger people the right to vote, they are likely to create a habit for life, and decision-makers can create a trust-based relationship with young people. Join us for an interactive session where we will create our very own scenarios for the future. What changes can we make today to take us towards a utopia and steer away from a dystopia? What do you want 2040 to look like for young people in Europe?

WORKSHOP

EMPOWER

Organised by: Interpretation Service and Translation Service, European Parliament

BEHIND THE SCENES

DISCOVER THE SECRETS OF THE HEMICYCLE WITH CONFERENCE USHERS

Ever wondered what it takes to support high-level meetings in the European Parliament? To find out, join our Conference Ushers for an exclusive behind-the-scenes tour in the European Parliament Hemicycle. You'll gain a unique insight into the roles and responsibilities of our Ushers, who ensure that EP parliamentary sessions, events, meetings, high-level conferences, and more, run smoothly. They observe every detail to perfection and are ready to intervene if needed. Don't miss out on this chance to discover the hidden workings of the European Parliament Chamber and see how it all comes together!

TOUR

ENGAGE

PROTOCOL FOR DAILY USE

Ever wondered how millions of EU citizens can understand what is said in the European Parliament? Join this workshop led by conference interpreters of the European Parliament, the people who make it all possible! You will learn how they handle and adjust to different types of speeches, dive into the DOs and DON'Ts for high-level meetings, and understand the nuances of titles and courtesy forms. Plus, you will get a sneak peek into booth etiquette, an essential part of an interpreter's everyday life. This workshop is a valuable opportunity for anyone willing to enhance their public speaking techniques.

WORKSHOP

EMPOWER

MEMORY TRAINING AND NOTE-TAKING TECHNIQUES

TIPS AND TRICKS FROM THE EP INTERPRETERS

Wouldn't it be cool if you had super memory and note-taking skills to prepare for exams, work or just everyday life? Good news, you can train your memory, just like a muscle! Join us for an interactive session led by conference interpreters of the European Parliament. Discover the secrets behind their incredible memory and lightning-fast note-taking skills. Practice simple techniques for capturing and retaining key information in stressful situations, when every detail matters. The workshop is packed with tips and tricks to help you train your memory and master the art of professional note-taking. Don't miss out on this chance to learn from the best and take your skills to the next level!

WORKSHOP

EMPOWER

Organised by: City of Strasbourg

WELCOME TO THE CITY OF STRASBOURG

Come and discover Strasbourg during EYE2025! Drop by our stand to find out more about Strasbourg's European role, great tourist attractions and study opportunities! On the programme: fun and artistic activities, encounters with people who make up the city, and tours to explore Strasbourg's treasures. Don't miss this opportunity to experience Strasbourg in a different way!

STAND

CONNECT

Organised by: Human Rights Action Unit, European Parliament

DEMOCRACY UNDER ATTACK

SIT BACK OR STRIKE BACK?

Are you prepared to see through the story? When human rights defenders are branded as foreign agents, when women are told to stay at home, when your love for someone is met with disgust; a broader strategy might be at work. Narratives like these are meant to derail our democracies. How does it work, and what can we do about it? In this idea lab, you will meet human rights defenders, who will share their stories and help you shape your own narratives. Democracy under attack – sit back or strike back?

WORKSHOP

EMPOWER

Organised by: Directorate-General for External Policies, European Parliament

EMPOWERING THE NEXT GENERATION

SHAPING THE FUTURE OF EU DEFENCE POLICY

Russia's unprovoked and unjustified war of aggression against Ukraine instilled a new sense of urgency in strengthening the EU security and defence policy. The European Commission introduced their first Commissioner for Defence, the European Parliament upgraded its Security and Defence Subcommittee to a full standing Committee, and the EU is working to create a Single Market for Defence. How can European defence integration enhance peace and security within and beyond EU borders? What unique perspectives can young people offer in shaping a more forward-thinking EU defence policy? Join our discussion on how to make youth voices heard in the sector of EU defence policy!

PANEL DISCUSSION

ENGAGE

Organised by: European Union of Jewish Students & Office of Vice-President Pina Picierno

JEWISH EUROPE TOMORROW

AN INTERACTIVE JOURNEY THROUGH IDENTITIES

Join us for an inspiring journey into the future of Jewish life in Europe! Kick off with a Q&A with Vice President Pina Picierno, a passionate advocate for equality and human rights. Connect with Jewish activists, hear their powerful stories, and ask them anything about their heritage, experiences, and the role of Jewish values in shaping their lives. Put your knowledge to the test in an exciting quiz on Jewish culture, traditions, and history. Win a special prize and celebrate Jewish identity in a fun and engaging way!

WORKSHOP

CONNECT

Organised by: Strasbourg Conferences Unit, European Parliament

BRING YOUR CONFERENCE TO THE EUROPEAN PARLIAMENT IN STRASBOURG

Ever wondered what it is like to debate and discuss at the European Parliament? What if you could bring your own ideas and host your event in its iconic spaces? The European Parliament in Strasbourg is more than the place of debate for Members of the European Parliament – it is a space where ideas come to life, where deliberations and discussion shape the future, and where your organisation could be next to take the stage. Outside plenary sessions, the European Parliament welcomes youth organisations, civil society groups, and institutional partners to organise conferences, meetings, and events with a European or cultural dimension. Interested? Come visit our stand and discover how you can bring your event to the heart of European democracy!

STAND

ENGAGE



EYE2025.EU



EUROPEAN YOUTH EVENT



EUROPARL_EYE



EP_EYE